

**Department of Human Services** 

**Division of Disability Services** 

New Jersey

# RESOURCES





2013



CHRIS CHRISTIE

Governor

KIM GUADAGNO, LT. Governor JENNIFER VELEZ

Commissioner

#### Dear Reader,

I take this opportunity to present the Resources 2013 directory, the thirteenth annual edition published by the New Jersey Department of Human Services' Division of Disability Services (DDS). This publication continues to be one of our department's most sought after resources for people with disabilities, their family members and advocates because of its comprehensive, statewide directory of programs and services.

DDS has successfully provided this consumer friendly, useful tool, which identifies all levels of government, community organizations and professionals working to assist people with disabilities. The publication provides access to up-to-date information that individuals with disabilities, along with their families, may need to flourish in their physical, professional and recreational lives.

As in previous years, this publication also is made available online so that individuals and agencies can access just the services they need and can make copies only as necessary. The website is <a href="https://www.state.nj.us/humanservices/dds">www.state.nj.us/humanservices/dds</a>.

A certified Information and Referral Specialist also can be reached to discuss any individual concerns, problems or issues, and can provide direct assistance by phone at 1-888-285-3036 (toll free).

As always, your comments and suggestions are welcome.

Regards.

Jennifer Velez

Commissioner

### **USING RESOURCES 2013**

Resources 2013 provides easy access to information about programs and services available for residents living and working with disabilities, and for families, advocates and professional communities working to assist people with disabilities. The New Jersey Department of Human Services' (DHS) Division of Disability Services developed this directory, and encourages you to contact the Division if you have any questions or difficulty using it.

#### REPORTING CORRECTIONS AND UPDATES

The programs and agencies listed in this directory are asked to report any information changes as quickly as possible.

Submit changes to: Dianna Maurone

Dianna.Maurone@dhs.state.nj.us

#### **NEED ADDITIONAL ASSISTANCE?**

Should you require additional or updated information, please call the Division of Disability Services at 1-888-285-3036, and ask to speak to an Information and Referral Specialist.

#### **DISCLAIMER**

The Division of Disability Services reserves the right to publish items selectively, as space permits. Listed items are not necessarily under the jurisdiction of the Department of Human Services, and their listing does not imply program endorsement.

### **DIVISION OF DISABILITY SERVICES**

(888) 285-3036

#### **CONTACT INFORMATION**

Joseph M. Amoroso, Director

MAILING ADDRESS: PO Box 705, Trenton, NJ 08625-0705

**TELEPHONE:** (888) 285-3036 (Toll-Free)

FAX: (609) 631-4365 TDD: (609) 631-4364

**INTERNET:** www.state.nj.us/humanservices/dds

#### **EDITOR'S NOTE**

Under New Jersey's recently approved Comprehensive Medicaid Waiver, all long-term care (LTC) services for seniors and individuals with physical disabilities, including Home and Community Based and Nursing Facility Services, will be administered by contracted managed care organizations (MCO's) in 2014. This move to managed care, known as Managed Long Term Services and Supports (MLTSS), is motivated by a desire to reduce inefficiencies and provide coordinated care in the LTC system. Programs and services to be transitioned to managed care with the implementation of MLTSS have been identified with an asterisk (\*) in this guide. Should you have questions or require further assistance regarding these changes, please contact the Division of Disability Services at 1-888-285-3036.

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# DIVISION OF DISABILITY SERVICES (DDS)

#### **MISSION STATEMENT**

The New Jersey Department of Human Services' Division of Disability Services promotes and facilitates the maximum independence and participation of people with disabilities in all aspects of community life through active information exchange and the provision of community services. DDS supports and fosters coordination and cooperation among all government agencies.

# OFFICE OF INFORMATION AND ASSISTANCE SERVICES

"The first place to call for disability-related information."

#### INFORMATION AND REFERRAL SERVICES

The Division of Disability Services is the single point of entry for all people seeking disability related information in New Jersey. Certified Information and Referral Specialists are available to confidentially discuss issues, to provide information, to assist with problem solving, and to refer individuals to appropriate agencies or services. Use of a customized database allows for calls to be tracked and information to be stored for quality customer service.

#### **DDD/DDS CASE MANAGEMENT COLLABORATION**

Effective January 2, 2013, individuals under the age of 21, formerly managed by the Division of Developmental Disabilities but assigned to DDS' Office of Information and Assistance Services, were transferred to the Division of Children and Families' Children's System of Care. However, at this time, DDS still remains the primary contact for some individuals under DDD services.

#### TRAUMATIC BRAIN INJURY FUND

The Traumatic Brain Injury (TBI) Fund provides New Jersey residents who have survived a traumatic brain injury the opportunity to access the brain injury related services and supports they need to live in the community. The Fund purchases supports and services to foster independence and maximize quality of life. This Fund is used where insurance, personal resources, and/or public programs are unavailable to meet the needs of the applicant. A portion of the Fund also is used to support public education, outreach, and prevention activities related to TBI.

#### OFFICE OF HOME AND COMMUNITY SERVICES

The Office of Home and Community Services is responsible for the administration of three Medicaid Waiver Programs\* serving people with disabilities and is assisting with the transition of Medicaid Personal Care Assistant (PCA) Services to the managed health care model.

#### TRAUMATIC BRAIN INJURY (TBI) WAIVER\*

The TBI Waiver serves people between 21 and 64 who have acquired a brain injury. People in the program receive full Medicaid benefits plus additional services including case management, structured day program, neuropsychology, community residential services, night supervision, respite care and cognitive therapy.

# AIDS COMMUNITY CARE ALTERNATIVES PROGRAM (ACCAP) WAIVER\*

The ACCAP Waiver serves people with AIDS of any age and children up to age 13 who are HIV positive. It provides full Medicaid benefits plus case management, private-duty nursing, medical day care, expanded personal care assistant services, certain narcotic and drug abuse treatments and hospice care.

# COMMUNITY RESOURCES FOR PEOPLE WITH DISABILITIES (CRPD) WAIVER\*

All individuals served under this waiver must meet, at a minimum, the "nursing facility level of care," be financially eligible for Medicaid waiver coverage, and require the services offered under the waiver. The waiver is open to individuals with disabilities of all ages. Individuals in the CRPD Waiver Program receive case management for all Medicaid State Plan services. Individuals meeting specific clinical criteria can receive private duty nursing services up to 16 hours per day.

#### MEDICAID PERSONAL CARE ASSISTANT (PCA) Services

Personal Care Assistant Services (PCA) are available statewide and reimbursed by the New Jersey Medicaid Program for adults and children who are eligible for Medicaid services in the community. The purpose of personal care is to accommodate long-term chronic care as provided under Medicaid's home health program. PCA services are health-related tasks performed by qualified staff in an eligible beneficiary's home or workplace, not to exceed 40 hours per week, based on clinical assessment and prior authorization. DDS is no longer administering this program directly but is assisting program recipients with the transition to managed health care and technical assistance.

#### **COMMUNITY DISCHARGE INITIATIVE**

DDS has expanded the mission of the Office of Home and Community Services to include community discharge. Staff will assist individuals who have expressed a desire to return to the community to make attainable discharge plans and identify supports and resources.

#### SPECIAL PROJECTS AND INITIATIVES

#### **NJ** WorkAbility

The WorkAbility program offers people with disabilities who are working, and whose income would otherwise make them ineligible for Medicaid, the opportunity to pay a small premium and receive full NJ Medicaid coverage. People with disabilities who are employed and are between the ages of 16 to 64 can qualify for the program with an annual gross earned income of up to approximately \$58,236. (See Page 47)

# SENIOR COMMUNITY INDEPENDENT LIVING SERVICES PROGRAM (SCILS)

In collaboration with the Commission for the Blind and Visually Impaired (CBVI), DDS now is administering the SCILS program. SCILS matches seniors that have significant vision impairment with caring compassionate volunteers. These volunteers provide support, assistance and friendship to participants living in the community. Participants can expect their volunteer to spend one to two hours weekly, assisting with various activities such as: reading the mail, running errands, driving to medical appointments, writing letters, helping with grocery shopping and companionship.

#### PERSONAL ASSISTANCE SERVICES PROGRAM (PASP)

The Personal Assistance Services Program (PASP) is a supplemental, personal care program designed for New Jersey residents, ages 18 to 70, who have a permanent physical disability; are capable of directing their own services; and are either employed, preparing for employment, involved in community volunteer work, or attending school. PASP allows consumers to receive up to 40 hours of service per week, therefore enabling them to maintain their independence in the community. Personal assistants help with such tasks as light house-keeping, bathing, dressing, meal preparation, shopping, driving or using public transportation. (See Page 49)

# PERSONAL PREFERENCE PROGRAM (PPP): NEW JERSEY CASH AND COUNSELING PROGRAM

This service allows Medicaid recipients who are eligible for Medicaid PCA services to direct their own care. Through use of a monthly cash allowance, participants work with a consultant to develop a cash management plan by which they decide the services needed and the individuals and/or agencies to provide the identified services. The program requires greater consumer responsibility but offers participants greater control, flexibility and choice. (See Page 49)

#### REALIGNMENT OF SELF DETERMINATION

DDS has been assigned the project of realigning the Self Determination program in accordance with New Jersey's recently approved Comprehensive Medicaid Waiver.

#### DISABILITY HEALTH AND WELLNESS INITIATIVES

This project involves health promotion and prevention of secondary conditions for people with disabilities. In addition, it works to improve state surveillance activities, conduct health promotion interventions and facilitate partnerships between state and research or service-based agencies.

#### BENEFITS TO WORK CALCULATOR

This website is a helpful tool to show how Social Security benefits may change if you take a job. This site is designed to assist job seekers aged 18 to 64. To access the calculator, go to www.njdb101.org.

# STATUTORY ADVISORY BOARDS AND COUNCILS

#### NJ ADVISORY COUNCIL ON TRAUMATIC BRAIN INJURY

The Division of Disability Services, as the state's designated lead agency for brain injury services, serves as staff to the NJ Advisory Council on Traumatic Brain Injury. The Council, mandated under PL 2001, Chapter 332, is composed of 26 members and holds quarterly public meetings, advising the Department of Human Services on matters related to brain injury services.

#### PERSONAL ASSISTANCE SERVICES ADVISORY COUNCIL

The Personal Assistance Services Program (PASP), under the supervision of the New Jersey Department of Human Services' Division of Disability Services, is required by law to have a statewide PASP Advisory Council. The PASP Advisory Council provides a means for consumers to express opinions and views that will affect the quality of personal assistance in New Jersey. The PASP Advisory Council reviews and evaluates the effectiveness of the program, and makes recommendations to improve the overall program statewide.

### **Employment First Tool Kit**

Need more information on disability employment in NJ? Visit:

http://www.state.nj.us/humanservices/disabilityemployment.html

#### STATE GOVERNMENT AGENCIES

The Office of the Governor, along with the state departments, are listed below. Detailed information on agencies that specifically address the concerns of people with disabilities can be found in the subsequent sections of the directory.

#### OFFICE OF THE GOVERNOR

Telephone: (609) 292-6000 FAX: (609) 292-3454 Honorable Chris Christie, Governor Honorable Kim Guadagno, Lt. Governor State of New Jersey

State of New Jersey Homepage www.state.nj.us www.nj.gov

#### **DEPARTMENTS**

DEPARTMENT OF AGRICULTURE

Tel: (609) 292-3976 FAX: (609) 292-3978

DEPARTMENT OF BANKING & INSURANCE

Tel: (609) 292-7272 FAX: (609) 777-0508

DEPARTMENT OF CHILDREN & FAMILIES

Tel: (609) 984-4500 FAX: (609) 341-2088

DEPARTMENT OF COMMUNITY AFFAIRS

Tel: (609) 292-6420 FAX: (609) 984-6696

DEPARTMENT OF CORRECTIONS

Tel: (609) 292-4036 FAX: (609) 292-9083

DEPARTMENT OF EDUCATION

Tel: (609) 292-4469 FAX: (609) 777-4099

DEPARTMENT OF ENVIRONMENTAL PROTECTION

Tel: (609) 292-2885 FAX: (609) 292-7695

DEPARTMENT OF HEALTH

Tel: (800) 367-6543 FAX: (609) 292-0053

(609) 292-7837

DEPARTMENT OF HUMAN SERVICES

Tel: (609) 292-3717 FAX: (609) 292-3824

DEPARTMENT OF LABOR & WORKFORCE DEVELOPMENT

Tel: (609) 292-2323 FAX: (609) 633-9271

DEPARTMENT OF LAW & PUBLIC SAFETY

Tel: (609) 292-4925 FAX: (609) 292-3508

DEPARTMENT OF MILITARY & VETERAN'S AFFAIRS

Tel: (609) 530-6957 FAX: (609) 530-7191

DEPARTMENT OF THE SECRETARY OF STATE

Tel: (609) 984-1900 FAX: (609) 777-1764

DEPARTMENT OF TRANSPORTATION

Tel: (609) 530-2000 FAX: (609) 530-2919

DEPARTMENT OF THE TREASURY

Tel: (609) 292-6748 FAX: (609) 984-3888

NJ Homeland Security www.njhomelandsecurity.gov 866-4-SAFE-NJ

NJ State Police www.njsp.org

NJ Office of Emergency Management www.state.nj.us/njoem 609-882-2000 (for emergencies, call "911")

Office of Legislative Services 800-792-8630

#### **DID YOU KNOW?**

The NJ Special Needs Registry collects information emergency responders will need to help locate and evacuate people with special needs during an emergency. The registry is completely voluntary and does not disclose your information to anyone outside of the immediate emergency response community.

To register go to: www. registerready.nj.gov. or call 211.

See page 57 for more on disaster preparedness for people with disabilities

#### FEDERALLY MANDATED DEVELOPMENTAL **DISABILITY AGENCIES**

### **NEW JERSEY COUNCIL ON DEVELOPMENTAL DISABILITIES**

The New Jersey Council on Developmental Disabilities is New Jersey's planning body for developmental disabilities issues. Members are appointed by the governor and approved by the New Jersey Senate. The Council include people with developmental disabilities and parents or guardians; nongovernmental service providers; and representatives from state agencies that provide services to people with developmental disabilities and to their families.

The Council develops and monitors the State Plan for Services to People with Developmental Disabilities, administers the federally assisted Basic State Grant Program, and publishes People With Disabilities and Families magazine.

#### **New Jersey Council on Developmental Disabilities**

PO Box 700

Trenton, NJ 08625-0700

Telephone: (800) 792-8858 (toll free)

(609) 292-3745

TDD: (609) 777-3238 FAX: (609) 292-7114

Alison Lozano, Ph.D., Executive Director

www.njddc.org

#### **NEW JERSEY COUNCIL ON DEVELOPMENTAL DISABILITIES** AT A GLANCE

Family Support

• The Monday

• Women's Health

Morning Project

• Partners In Policymaking • Inclusive Education

For Information: (609) 292-3745

#### **DISABILITY RIGHTS NEW JERSEY**

Disability Rights New Jersey (DRNJ) is a non-profit consumer-directed organization that serves as New Jersey's federally funded agency for people with disabilities.

The program was established to advocate the rights of citizens with disabilities in the areas of guardianship, habilitation, medical treatment, education, employment, protection from harm, transportation, and other civil rights. It provides legal services and responds to complaints from individuals and their

families, as well as from community groups. It also provides training for people with disabilities and their families to assist them to advocate for themselves.

In 1997, DRNJ assumed administration of the federally funded New Jersey Technology Assistive Resource Program (TARP), now known as the Assistive Technology Advocacy Center (ATAC), which works to make assistive devices and services more accessible to consumers.

#### **Disability Rights New Jersey**

210 South Broad Street, 3rd Floor

Trenton, NJ 08608

Telephone: (609) 292-9742 Toll Free: (800) 922-7233 TDD: (609) 633-7106 (609) 777-0187 FAX:

Joseph B. Young, Esq., Executive Director

www.drnj.org

#### **DISABILITY RIGHTS NEW JERSEY** AT A GLANCE

- · Protection and Advocacy for Persons with Developmental Disabilities (PADD)
- · Protection and Advocacy for Individuals with Mental Illness (PAIMI)
- · Protection and Advocacy of Individual Rights (PAIR)
- Client Assistance Program (CAP)
- · Protection and Advocacy for Assistive Technology (PAAT)
- Healthcare Consumer Assistance Program (HCCAP)
- Assistive Technology Advocacy Center (ATAC)
- · Protection and Advocacy for Individuals with Traumatic Brain Injury
- Protection and Advocacy for Beneficiaries of Social Security (PABSS)
- Protection and Advocacy for Voter Access (PAVA)

For Information: (800) 922-7233

# ELIZABETH M. BOGGS CENTER ON DEVELOPMENTAL DISABILITIES

"A UNIVERSITY CENTER FOR EXCELLENCE IN DEVELOPMENTAL DISABILITIES EDUCATION, RESEARCH, AND SERVICE"

The Elizabeth M. Boggs Center on Developmental Disabilities, UMDNJ-Robert Wood Johnson Medical School values the diversity and worth of all people, and promotes the full membership and contribution of children and their families in all aspects of community life.

Through partnerships and collaborations, The Boggs Center fulfills this mission in a culturally competent manner by providing community training and technical assistance, interdisciplinary preservice preparation of students and fellows, and dissemination of information, research findings, and educational materials.

#### **BOGGS CENTER AT A GLANCE**

The Boggs Center addresses the needs of communities, people with disabilities, and families through activities in the focus areas of:

• Early Intervention and Education

• Self-Determination

and Education

• Employment

• Community Supports • Health

For Information: (732) 235-9300 http://rwjms.umdnj.edu/boggscenter

# The Elizabeth M. Boggs Center on Developmental Disabilities

UMDNJ-Robert Wood Johnson Medical School 335 George Street, 3rd Floor, PO Box 2688 New Brunswick, NJ 08903-2688

Telephone: (732) 235-9300 FAX: (732) 235-9330

Deborah Spitalnik, Ph.D., Executive Director

http://rwjms.umdnj.edu/boggscenter

### **KEYS TO SUCCESSFUL SELF-ADVOCACY**

- Make sure you have an accurate understanding of what is needed When advocating for equipment or services, make sure you have all the details and product information. If insurance is being used, ask if there are preset guidelines or requisite information. This will save time during the application process.
- Be prepared to assist professionals who may have limited experience Your family doctor may be great, but he or she may have little or no experience in writing prescriptions for wheelchairs. Add your productive two-cents by discussing your needs, and giving as much detail as possible about what you are looking for. Some consumers prefer to use agencies for equipment and service evaluations before approaching a doctor for authorization.
- Understand your insurance benefits Review the terms of each program and policy. Pay careful attention to copays, service limits, replacement, and equipment ownership. These issues become especially important for parents with children, who will outgrow equipment, or whose functional abilities may change with time. Remember, you may always appeal an insurance company's decision in the event of a denial, even an HMO.
- Seek help from others who have succeeded Peer support is the greatest tool to an advocate. The information that you get from peers can be priceless. Learn from those who have done it before.
- Keep accurate notes Include dates, all contact names, and phone numbers.
- Find the line between advocacy and aggression Successful advocates let the system work for them. Allow professionals to do their jobs. Stay vigilant, but don't be a pest.
- Be prepared to wait Most agencies have waiting lists, processing periods, and lots of paperwork to be done. This takes time, so be prepared for some delays.

#### **DEPARTMENT OF HUMAN SERVICES**

DHS provides support services for people with disabilities, seniors, individuals and families with low incomes; people with mental illnesses, people with addictions, people who are blind, visually impaired, deaf, hard of hearing, or deaf-blind; parents needing child care services, child support and/or healthcare for their children; and families facing catastrophic medical expenses for their children.

# COMMISSION FOR THE BLIND AND VISUALLY IMPAIRED (CBVI)

The Commission for the Blind and Visually Impaired (CBVI), established in 1910, is one of the oldest, continually operating agencies in New Jersey state government. It provides a wide range of educational services for children, vocational rehabilitation services for older teens and adults, and independent living services for people of all ages in New Jersey who are blind or visually impaired. CBVI also offers a number of special programs and services that address specific needs of individuals who are blind or visually impaired. CBVI programs and services are available to any New Jersey resident who meets the vision criteria. Depending on family income, some people who apply are required to pay a share of the cost of programs or services.

# COMMISSION FOR THE BLIND AND VISUALLY IMPAIRED (CBVI) - CENTRAL OFFICE

PO Box 47017

153 Halsey Street, 6th Floor

Newark, NJ 07101

Telephone: (877) 685-8878 (973) 648-3333

FAX: (973) 648-3389

#### **CBVI FIELD OFFICES:**

#### **CBVI Metro/Northern Region Office**

PO Box 47017

153 Halsey Street, 5th Floor

Newark, NJ 07101

Telephone: (973) 648-2111

(Bergen, Essex, Hudson, Morris, Passaic, Sussex, and

Warren counties)

#### **CBVI Hammonton Office**

40 North Whitehorse Pike

Hammonton, NJ 08037

Telephone: (609) 704-6000

(Atlantic, Cape May, Cumberland, and Salem counties)

#### **CBVI Southern Region Office**

2201 Route 38 East, Suite 600, Cherry Hill, NJ 08002

Telephone: (856) 482-3700

(Atlantic, Burlington, Camden, Cape May, Cumberland,

Gloucester, and Salem counties)

#### OFFICE OF THE COMMISSIONER

PO Box 700 Trenton, NJ 08625-0700 Telephone: (609) 292-3717 FAX: (609) 292-3824

#### **HOTLINES**

Good Neighbors (877) DHS-LINE
Senior Information Line (800) 792-8820
PAAD/Senior Gold Hotline (800) 792-9745
NJ Addictions Hotline (800) 238-2333
NJ Mental Health Cares (866) 202-HELP
New Jersey EASE (877) 222-3737)

#### **CBVI Central Region Office**

1510 Hooper Avenue, Suite 240, Toms River, NJ 08753

Telephone: (732) 255-0723

(Hunterdon, Monmouth, Mercer, Middlesex, Ocean, Somerset, and Union counties)

#### CBVI JOSEPH KOHN REHABILITATION CENTER

130 Livingston Avenue, New Brunswick, NJ 08901

Telephone: (732) 937-6363

#### DIVISION OF AGING SERVICES

The newly created Division of Aging Services (DOAS) is responsible for many of the programs formerly held under the Department of Health and Senior Services including Pharmaceutical Assistance to the Aged and Disabled (PAAD), Senior Gold, Adult Protective Services, Lifeline Utility Assistance, and Hearing Aid Assistance to the Aged and Disabled. DOAS also functions as the lead agency for services to seniors and is tasked with developing a system of managed long-term supports and services in fiscal year 2013.

#### **DIVISION OF AGING SERVICES\***

PO Box 715

Trenton, NJ 08625-0807 Telephone: (609) 588-7997 FAX: (609) 631-4668

### Division of Aging Services At A Glance

- PAAD/Senior Gold
- GO Waiver\*
- Aging and Disability Resource Connection (ADRC)
- Alzheimer's Day Services
- Adult Protective Services
- Lifeline Utility Assistance
- New Jersey EASE

#### DIVISION OF THE DEAF AND HARD OF HEARING

The Division of the Deaf and Hard of Hearing (DDHH) serves people in New Jersey who are deaf or hard of hearing by providing advocacy, employment and vocational opportunities, and by assisting with a wide variety of social, legal, medical, educational, and recreational issues. DDHH distributes Text Telephone equipment and Voice Carryover Phones to assist individuals in their daily activities, and also publishes a monthly newsletter.

#### DIVISION OF THE DEAF AND HARD OF HEARING

PO Box 074

Trenton, NJ 08625-0074 Telephone (Voice/TTY):(800) 792-8339 FAX: (609) 588-2528

# DIVISION OF DEVELOPMENTAL DISABILITIES (DDD)

The Division of Developmental Disabilities (DDD) provides funding for services and supports that assist individuals age 21 and older with developmental disabilities. Most services are offered in the community by more than 300 community provider agencies. To receive DDD services, an individual must meet functional criteria eligibility and Medicaid eligibility. Functional criteria consist of a severe, chronic physical and/or intellectual disability that manifests in the developmental years (before age 22), is life-long, and substantially limits at least three of these life activities: self-care, learning, mobility, communication, self-direction, economic self-sufficiency and the ability to live independently. All individuals must maintain Medicaid eligibility in order to receive services through the Division.

Qualifying conditions may include cerebral palsy, epilepsy, spina bifida, autism or a neurological impairment.

### DDD funds three types of services:

- Day services, including supports for people who are employed
- Residential services that support an individual in the community
- Services that support a family caring for a loved one at home

# DIVISION OF DEVELOPMENTAL DISABILITIES (DDD) - CENTRAL OFFICE

PO Box 726, Trenton, NJ 08625-0726

Telephone: (800) 832-9173 (609) 631-2200

FAX: (609) 631-2217

# DDD COMMUNITY SERVICES REGIONAL OFFICES:

#### **Northern Region**

1B Laurel Drive, Flanders, NJ 07836

Telephone: (973) 927-2600 FAX: (973) 927-2689

(Morris, Sussex and Warren Counties)

100 Hamilton Plaza, 7th Floor

Paterson, NJ 07505

Telephone: (973) 977-4004 FAX: (973) 279-5069

(Bergen, Hudson and Passaic Counties)

#### **Upper Central Region**

110 East Fifth Street Plainfield, NJ 07060

Telephone: (908) 226-7800 FAX: (908) 412-7900

(Union County)

275 Green Brook Road, 2nd Floor

Green Brook, NJ 08812

Telephone: (732) 424-3301

(Somerset County)

153 Halsey Street, 2nd Floor

PO Box 47013, Newark, NJ 07101

Telephone: (973) 693-5080 FAX: (973) 648-3999

(Essex County)

#### **Lower Central Region**

120 South Stockton Street

P.O. Box 706

Trenton, NJ 08625

Telephone: (609) 292-1922 FAX: (609) 292-2645

(Hunterdon, Mercer and Middlesex Counties)

Juniper Plaza, Suite 1-J

3499 Route 9 North, Freehold, NJ 07728

Telephone: (732) 863-4500 FAX: (732) 863-4406

(Monmouth and Ocean Counties)

#### **Southern Region**

2 Echelon Plaza

221 Laurel Road, Suite 210

Voorhees, NJ 08043

Telephone: (856) 770-5900 FAX: (856) 770-5935

(Burlington, Camden and Gloucester Counties)

5218 Atlantic Avenue, Suite 205

Mays Landing, NJ 08330

Telephone: (609) 476-5200 FAX: (609) 909-0656 (Atlantic, Cape May, Cumberland, and Salem Counties)

# DIVISION OF MENTAL HEALTH AND ADDICTION SERVICES

The Division of Mental Health and Addiction Services (DMHAS) serves adults with serious and persistent mental illnesses. Central to the mission is the fact that everyone is entitled to dignified and meaningful lives. DMHAS operates psychiatric hospitals, monitors and helps fund psychiatric services provided by a number of county hospitals, and contracts with more than 120 agencies for a wide range of community mental health services. Services may be accessed by contacting a County Mental Health Administrator or a county screening center

### DIVISION OF MENTAL HEALTH AND ADDICTION SERVICES

PO Box 727

Trenton, NJ 08625-0727

Telephone: (800) 382-6717 (609) 777-0702

FAX: (609) 777-0662

#### **N.JMentalHealthCares**

NJMentalHealthCares is New Jersey's mental health information and referral service. Our staff of mental health professionals use their experiences and understanding of the mental health system to connect you to the information and services you need!

(866) 202-HELP (4357) TTY: (877) 294-4356 www.njmentalhealthcares.org

#### 8:00 a.m. - 8:00 p.m.

- Connects to mental health services, including: inpatient and outpatient services, rehabilitation services, self-help services, legal, housing, employment, mental health education, and more!
- Provides assistance in finding services, not crisis intervention. If you feel you need emergency psychiatric services, please call your local crisis center (listed on page 17).

# DIVISION OF MEDICAL ASSISTANCE AND HEALTH SERVICES

PO Box 712

Trenton, NJ 08625-0712 Telephone: (609) 588-2600 FAX: (609) 588-3583

For Medical Assistance Customer Centers (MACCs), See Page 39

#### DIVISION OF FAMILY DEVELOPMENT

PO Box 716

Trenton, NJ 08625-0716

Telephone: (609) 588-2400 or 2000

FAX: (609) 588-3369

#### **DIVISION OF DISABILITY SERVICES**

PO Box 705

Trenton, NJ 08625

Telephone: (888) 285-3036 FAX: (609) 631-4365 TDD: (609) 631-4364

#### **DID YOU KNOW?**

DDS and DDD have collaborated to provide case management to some consumers.

For more information, See page 1.

See Page 1 and 2 for more information on DDS

# **Central Registry of Offenders Against Individuals with Developmental Disabilities**

A "Central Registry of Offenders Against Individuals with Developmental Disabilities" was established in the Department of Human Services (DHS). It requires DHS to maintain a confidential list of caregivers working in these programs who have been determined to have abused, neglected, or exploited an individual with a developmental disability. The toll-free number to report abuse is (800) 832-9173.

Catastrophic Illness in Children Relief Fund See Page 41

For Additional Addiction Resources
See Page 56

For Statewide Clinical Consultation and Training (SCCAT), See Page 37

#### **DEPARTMENT OF HEALTH**

The Department of Health is responsible for overseeing and inspecting the state's health care facilities, city and county health departments, and community health services, along with protecting the public health.

# OFFICE OF MINORITY AND MULTICULTURAL HEALTH

PO Box 360

Trenton, New Jersey 08625 Telephone: (609) 292-6962 FAX: (609) 292-8713

#### DIVISION OF HIV/AIDS SERVICES

PO Box 363

Trenton, NJ 08625-0363 Telephone: (609) 984-5874 FAX: (609) 633-2494

NJ AIDS/STD Hotline

(800) 624-2377

• AIDS Drug Distribution Program (ADDP)

(877) 613-4533

• Health Insurance Continuation Program (HICP) (800) 353-3232

#### DIVISION OF FAMILY HEALTH SERVICES

PO Box 364

Trenton, NJ 08625-0364

Telephone: (609) 292-4043 FAX: (609) 292-9599

**Early Intervention Systems (EIS) Project Child Find** 

(800) 322-8174

Also See Page 42

#### OFFICE OF THE COMMISSIONER

PO Box 360 Trenton, NJ 08625 Telephone (609) 292-7837 Toll-Free: (800) 367-6543 FAX (609) 292-0053

Statewide Family Centered HIV Care Network (609) 777-7748

**Newborn Biochemical Screening Program** (609) 292-1582

#### **Special Child and Adult Health Services**

#### Also See Page 36

Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)

(609) 292-9560

(866) 44NJWIC (866) 446-5942

#### Also See Page 36

### DIVISION OF HEALTH FACILITIES EVALUATION AND LICENSING

PO Box 367

Trenton, NJ 08625-0365

Telephone: (609) 984-8181 FAX: (609) 633-9087

**Health Care Facility Consumer Complaint Hotline** (800) 792-9770

#### **CENTER FOR HEALTH STATISTICS**

PO Box 360

Trenton, NJ 08625-0360

Telephone: (609) 984-6702 FAX: (609) 984-7633

For further information on New Jersey EASE and Adult Protective Services See Page 19

#### **DEPARTMENT OF COMMUNITY AFFAIRS**

The Department of Community Affairs provides a variety of services to low-income families, women, and people with disabilities. Services include assistance with rentals, the federal Section 8 voucher program, and emergency shelter grants and homelessness prevention.

#### DIVISION OF CODES AND STANDARDS

PO Box 802

Trenton, NJ 08625-0802 Telephone: (609) 292-7899 FAX: (609) 633-6729

#### **DIVISION OF FIRE SAFETY**

PO Box 809 Trenton, NJ 08625

Telephone: (609) 633-6106 FAX: (609) 633-6134

#### OFFICE OF THE COMMISSIONER

PO Box 800 Trenton, NJ 08625-0800 Telephone: (609) 292-6420 FAX: (609) 984-6696

#### DIVISION OF HOUSING

PO Box 051

Trenton, NJ 08625-0051

Telephone: (609) 633-6303 FAX: (609) 984-8454

#### OFFICE OF RECREATION

Commission on Recreation for Individuals with Disabilities PO Box 811

Trenton, NJ 08625-0811 Telephone: (609) 984-6654 FAX: (609) 292-9798

For more information on the Division of Fire Safety, See Appendix 6

For information on the New Jersey Housing and Mortgage Finance Agency, See Page 48

For a list of Homelessness Prevention Programs by County, See Pages 48

# **DEPARTMENT OF COMMUNITY AFFAIRS**OFFICE OF REGULATORY AFFAIRS

The Office of Regulatory Affairs is responsible for the enforcement of the New Jersey Barrier Free Sub-Code. Complaints can be made verbally or in writing to:

Supervisor of Investigations
Department of Community Affairs
Office of Regulatory Affairs
PO Box 818
Trenton, NJ 08625
Telephone: (609) 984-7672

FAX: (609) 984-7718

#### WHEN MAKING A COMPLAINT, PLEASE HAVE THE FOLLOWING INFORMATION:

- The complete address of the building that is thought to be non-compliant.
- A brief explanation of how the building seems to be non-compliant.

#### **DEPARTMENT OF EDUCATION**

The Department of Education is responsible for overseeing more than 600 school districts, and administering education programs to more than 1.4 million public and nonpublic elementary and secondary school children. The Office of Special Education Programs, within the Division of Student Services, has oversight responsibilities for the provision of education and related support services to students with disabilities, aged 3 to 21.

#### DIVISION OF STUDENT SERVICES

PO Box 500

Trenton, NJ 08625-0500 Telephone: (609) 292-9899 FAX: (609) 633-1046

#### OFFICE OF SPECIAL EDUCATION PROGRAMS

PO Box 500

Trenton, NJ 08625-0500 Telephone: (609) 292-0147 FAX: (609) 984-8422

#### OFFICE OF THE COMMISSIONER

PO Box 500 Trenton, NJ 08625-0500 Telephone: (609) 292-4469 (609) 292-0913 FAX: (609) 777-4099

For information on the New Jersey
Higher Education Student
Assistance Authority
See Page 43

#### OFFICE OF STATE ASSESSMENTS

PO Box 500

Trenton, NJ 08625-0500 Telephone: (609) 984-6311 FAX: (609) 984-6032

### MARIE KATZENBACH SCHOOL FOR THE DEAF

PO Box 535

West Trenton, NJ 08625-0535 Telephone: (609) 530-3100

TDD: (609) 530-6620 FAX: (609) 530-5791

www.mksd.org

# LEARNING RESOURCE CENTERS AT A GLANCE

Learning Resource Centers are funded through the Individuals with Disabilities Education Act (IDEA), Part B Funds. The centers provide research reports, curriculum guides, books, videos and audio tapes, as well as training and workshops, for parents and educators of students with disabilities.

#### **Learning Resource Center-Northern Region**

7 Glenwood Avenue, 2nd Floor, Suite 201

East Orange, NJ 07017 Telephone: (973) 414-4491 FAX: (973) 414-4496 TDD: (973) 266-1849

Serving: Bergen, Essex, Hudson, Morris, Passaic,

Sussex, and Warren Counties

#### **Learning Resource Center-Northern Satellite**

104 American Road, Building 100

Morris Plains, NJ 07950 Telephone: (973) 631-6345 FAX: (973) 631-6350 TDD: (973) 631-6490

Serving: Morris, Sussex, and Warren Counties

#### **Learning Resource Center-Central Region**

200 Riverview Plaza, First Floor

P.O. Box 500 Trenton, NJ 08625

Telephone: (609) 633-8893 FAX: (609) 633-8968

*Serving:* Hunterdon, Mercer, Middlesex, Monmouth, Ocean, Somerset, and Union Counties

### **Learning Resource Center-Southern Region**

Samuel H. Jones Innovation Center 107 Gilbert Parkway, Suite 200

Mullica Hill, NJ 08062 Telephone: (856) 582-7000 FAX: (856) 582-4323 TDD: (856) 286-3291

*Serving:* Atlantic, Burlington, Camden, Cape May, Cumberland, Gloucester, and Salem Counties

# DEPARTMENT OF LABOR & WORKFORCE DEVELOPMENT

The Department of Labor & Workforce Development promotes economic activity, monitors labor standards, and administers federally funded programs such as workers compensation, disability insurance and unemployment compensation. Its Division of Vocational Rehabilitation Services is responsible for training and placement of persons of employable age with disabilities.

#### WORKFORCE DEVELOPMENT

PO Box 055

Trenton, NJ 08625

Telephone: (609) 292-2000 FAX: (609) 777-0483 www.wnjpin.state.nj.us

# DIVISION OF VOCATIONAL REHABILITATION SERVICES

PO Box 398

Trenton, NJ 08625-0398 Telephone: (609) 292-5987 FAX: (609) 292-8347

#### OFFICE OF THE COMMISSIONER

PO Box 110 Trenton, NJ 08625-0110 Telephone: (609) 292-2323 FAX: (609) 633-9271

Division of Workers' Compensation (609) 292-2515

Unemployment Insurance (609) 292-2460

State Temporary Disability Benefits (609) 292-7060

Disability Determinations (866) 920-6997

### **VOCATIONAL REHABILITATION AT A GLANCE**

#### **CRITERIA**

Any person with a physical or mental impairment which is a substantial impediment to employment may qualify for vocational rehabilitation services. Each consumer is evaluated individually for eligibility and needed assistance. Individuals who are blind or have a serious visual impairment are served by the Commission for the Blind (CBVI). All others receive service from the New Jersey Division of Vocational Rehabilitation Services (DVRS).

#### SERVICES PROVIDED

- Diagnostic Evaluation
- Individual Vocational Counseling and Guidance
- Job Seeking Skills Training and Selective Job Placement
- Follow-Up Support Services
- Post-Employment Services
- Physical Restoration
- Job Coaching, Vocational, Professional, or On the Job Training

#### **FEE FOR SERVICE**

Many of the services listed above are provided free of charge. Coverage of expenses for medical services, training, books and supplies, tools, and other equipment are based on an individual's ability to pay.

DIVISION OF VOCATIONAL REHABILITATION SERVICES (609) 292-5987
FOR A LIST OF OFFICES, SEE PAGES 44 and 45

COMMISSION FOR THE BLIND & VISUALLY IMPAIRED (973) 648-3333
FOR A LIST OF OFFICES, SEE PAGE 6

#### **DEPARTMENT OF CHILDREN & FAMILIES**

The New Jersey Department of Children and Families (DCF) is the state's first comprehensive agency dedicated to ensuring the safety, well-being and success of children, youth, families and communities. Some of the divisions/offices DCF encompasses includes the following:Adolescent Services; Advocacy; Centralized Child Abuse/Neglect Hotline; Child Protection and Permanency (formerly Youth and Family Services); Children's System of Care (formerly Child Behavioral Health Services); Family and Community Partnerships (formerly Prevention and Community Partnerships); Specialized Education Services; and Women (transferred from DCA).

# CHILDREN'S SYSTEM OF CARE (FORMERLY CHILD BEHAVIORAL HEALTH SERVICES

DCF's Division of Children's System of Care, CSOC, (formerly the Division of Child Behavioral Health Services) serves children and adolescents with emotional and behavioral health care challenges and their families; and children with intellectual/developmental disability.

As of January 1, 2013, the New Jersey Department of Children and Families - Division of Children's System of Care (CSOC) assumed responsibility for providing the supports and services for children under the age of 21 with developmental/intellectual disabilities, formerly provided by the Department of Human Services -

#### OFFICE OF THE COMMISSIONER

PO Box 729 Trenton, NJ 08625 Telephone: (609) 984-4500 FAX: (609) 341-2088

For general information about DCF programs and services: 1-855-INFO-DCF (1-855-463-6323) or askdcf@dcf.state.nj.us
See also services for Children, page 52

DOMESTIC VIOLENCE HOTLINE (800) 572-SAFE

#### **Hotlines:**

If you are deaf or hard of hearing, please call 1-877-294-4356 TTY to access any hotline

For other Hotlines and Helplines,
please visit:
http://www.state.nj.us/dcf/families/hotlines/

Division of Developmental Disabilities (DDD). For information on the transition and the application process please call **Performcare** at:

1-877-652-7624

http://www.performcarenj.org/

#### What is PerformCare?

The State of New Jersey has contracted with PerformCare to administer the publicly-funded developmental disability service delivery system for children up to age 21. This transition is a result of the state government restructuring initiated by Governor Christie, which moved the responsibility for providing services to children with developmental disabilities from the Department of Human Services' Division of Developmental Disabilities (DDD) to the Department of Children and Families' Children's System of Care (CSOC). PerformCare has been administering the State's Child Behavioral Health System of Care for many years. The expansion of this System of Care model to also serve children with intellectual and developmental disabilities is a significant step forward. This integrated approach will allow for better coordinated care. As of January 2, 2013, PerformCare has become your point of contact to assist in coordinating the care for your child that had previously been managed by DDD.

PerformCare 300 Horizon Center Drive, Suite 306 Robbinsville, NJ 08691 Toll-free: 1-877-652-7624

TTY: 1-866-896-6975 Fax: 1-877-736-9166 www.performcarenj.org

### **DEPARTMENT OF LAW AND PUBLIC SAFETY**

The Department of Law & Public Safety houses the Division on Civil Rights, which investigates allegations of discrimination. The department also contains the Attorney General's Office, and divisions dealing with criminal justice, consumer affairs, monitoring of professional boards, and enforcement of the Wheelchair Lemon Law.

#### DIVISION ON CIVIL RIGHTS

PO Box 089

PO Box 090 (Complaints)

Trenton, NJ 08625

Telephone: (609) 292-4605 (609) 292-1785 TTY: FAX: (609) 984-3812 www.nj.gov/oag/dcr/index.html

#### OFFICE OF THE ATTORNEY GENERAL

PO Box 080 Richard J. Hughes Justice Complex 25 Market Street Trenton, NJ 08625-0080 Telephone: (609) 292-4925

> For information on the **Wheelchair Lemon Law** See Page 33

#### **DIVISION OF CONSUMER AFFAIRS**

124 Halsey Street Newark, NJ 07101

Telephone: (973) 504-6200

(800) 242-5846

FAX: (973) 273-8035

The Division on Civil Rights has established a **Disabilities and Public Accommodations Special** Investigations Unit (DPA) to work closely with advocacy groups for the disabled and pursue investigations that will have the greatest impact on addressing system-wide discrimination, particularly in places of public accommodation.

For Branch Offices, See Page 29

### **DEPARTMENT OF MILITARY AND VETERAN'S AFFAIRS**

The New Jersey Department of Military and Veteran's Affairs, under the direction of the Adjutant General, is the headquarters for the New Jersey Army and Air National Guard and the government agency responsible for the administration of state provided veterans' programs and services within the state.

### **HEALTHCARE SERVICES**

PO Box 340

Trenton, NJ 08625-0340 (609) 530-6967 Telephone: FAX: (609) 530-6970

# **DIVISION OF VETERAN'S**

### OFFICE OF THE ADJUTANT GENERAL

PO Box 340 Trenton, NJ 08625 Telephone: (609) 530-6956 FAX: (609) 530-7191

**NJ VETERANS HOTLINES: BENEFITS HOTLINE** 888-8NJ-VETS

**COUNSELING HOTLINE** 866-VETS-NJ4

#### **Disabled Veterans Resources on the Web**

Wounded Warrior Project

www.woundedwarriorproject.org

Disabled American Veterans

www.dav.org

Association for Service Disabled Veterans

www.asdv.org

#### **DEPARTMENT OF TREASURY**

The Department of Treasury assumes responsibility for three major functions: revenue collection and generation, assets management, and statewide support services. The Department also houses the Office on Disabilities Management that is responsible for issues of compliance with the Americans with Disabilities Act (ADA) in state owned buildings and state run programs.

#### OFFICE OF DISABILITIES MANAGEMENT

PO Box 034

Trenton, NJ 08625-0034 Telephone: (609) 292-7299 TDD & FAX: (609) 292-6525

#### OFFICE OF THE CORRECTIONS OMBUDSMAN

PO Box 855

Trenton, NJ 08625

Telephone: (609) 292-8020 FAX: (609) 633-8644

# OFFICE OF THE OMBUDSMAN FOR THE INSTITUTIONALIZED ELDERLY

PO Box 852

Trenton, NJ 08625-0852 Telephone: (877) 582-6995 FAX: (609) 943-3479

#### OFFICE OF THE STATE TREASURER

PO Box 002 Trenton, NJ 08625 Telephone: (609) 292-5031 FAX: (609) 984-3888

#### DIVISION OF TAXATION

PO Box 281, Trenton, NJ 08625-0281

#### **General Tax Information**

(609) 826-4400 (800) 323-4400

#### **Main Customer Service Center**

(609) 292-6400

#### **Homestead Rebate Hotlines:**

**Homeowners-** (888) 238-1233 **Tenants-** (888) 213-8623

#### **Property Tax Reimbursement (Senior Freeze)**

**Hotline-** (800) 882-6597

**TTY Service-** (609) 984-7300 or (800) 286-6 613

### THE OFFICE OF DISABILITIES MANAGEMENT AT A GLANCE

#### The Office of Disabilities Management is responsible for the following areas:

- Barrier Free Compliance of state owned and operated facilities.
- Implementation and assistance to allow access to all programs, services and activities offered by the State of New Jersey.
- Technical assistance and advice concerning accessibility standards and adaptive devices to allow full inclusion by persons with disabilities.
- Funding for modifications needed to ensure accessibility to all state owned and operated facilities.

#### **COUNTY RESOURCES**

### **COUNTY OFFICES FOR PEOPLE WITH DISABILITIES**

County Offices for the Disabled function as clearinghouses for information about programs and services, advocates for people with disabilities, and provides technical assistance at a local level.

# ATLANTIC COUNTY DIVISION OF INTERGENERATIONAL SERVICES, AGING & DISABILITY RESOURCE

**CONNECTION** 

Shoreview Building 101 South Shore Road Northfield, NJ 08225

Telephone: (888) 426-9243 Outside of NJ: (609) 645-5965

# BERGEN COUNTY DIVISION ON DISABILITY SERVICES

One Bergen County Plaza, Second Floor

Hackensack, NJ 07601

Telephone: (201) 336-7150 TTY: (201) 336-6505

### CAMDEN COUNTY DIVISION OF SENIOR

AND DISABLED SERVICES

512 Lakeland Road Blackwood, NJ 08012

Telephone: (856) 858-3220

#### CAPE MAY COUNTY OFFICE OF DISABILITY SERVICES

4 Moore Road, DN 606

Cape May Court House, NJ 08210 Telephone: (609) 886-2784

#### CUMBERLAND COUNTY OFFICE FOR THE DISABLED

800 E. Commerce Street Bridgeton, NJ 08302

Voice/TTY: (856) 459-3090

#### ESSEX COUNTY OFFICE FOR THE DISABLED

50 South Clinton Street, Suite 4300

East Orange, NJ 07018 Telephone: (973) 395-8494

# GLOUCESTER COUNTY OFFICE OF HEALTH, SENIOR, AND DISABILITY SERVICES

**District Education Campus** 

115 Budd Blvd.

West Depford, NJ 08096 Telephone: (856) 384-6841

# HUDSON COUNTY DEPARTMENT OF HEALTH AND HUMAN SERVICES, OFFICE OF DISABILITY SERVICES

595 County Road Secaucus, NJ 07094

Telephone: (201) 369-5280 x4241

# HUNTERDON COUNTY DIVISION OF SENIOR, DISABILITY, AND VETERANS SERVICES

PO Box 2900

Flemington, NJ 08822

Telephone: (908) 788-1361

#### MERCER COUNTY OFFICE FOR THE DISABLED

Joyce McDade Administration Building 640 South Broad Street, PO Box 8068

Trenton, NJ 08611

Telephone: (609) 989-6459 TDD: (609) 989-6865

#### MIDDLESEX COUNTY OFFICE FOR THE DISABLED

Middlesex County Administration Building

75 Bayard Street, 5th Floor New Brunswick, NJ 08901 Voice/TTY: (732) 745-4013

#### MONMOUTH COUNTY OFFICE ON DISABILITIES

21 Main and Court Center

PO Box 1255

Freehold, NJ 07728

Telephone: (732) 308-3770 x3599 or x7116

# MORRIS COUNTY DIVISION OF AGING, DISABILITY AND VETERANS SERVICES

PO Box 900, Morristown, NJ 07900-0900

Voice: (973) 285-6855

# OCEAN COUNTY COMMISSION FOR INDIVIDUALS WITH DISABILITIES

1027 Hooper Avenue, Building 2, 3rd Floor PO Box 2191, Toms River, NJ 08754

Voice/TDD: (732) 506-5062

### PASSAIC COUNTY SENIOR, DISABILITY SERVICES, AND VETERANS AFFAIRS

930 Riverview Drive, Suite 200, Totowa, NJ 07512

Telephone: (877) 222-3737

#### SALEM COUNTY OFFICE OF DISABILITY SERVICES

98 Market Street, Salem, NJ 08079

Telephone: (856) 935-7510 x8316 or 8311

#### SOMERSET COUNTY OFFICE FOR THE DISABLED

27 Warren Street, 1 First floor PO Box 3000, Somerville, NJ 08876 Telephone: (908) 704-6346

#### SUSSEX COUNTY OFFICE FOR THE DISABLED

Division of Community and Youth Services 135 Morris Turnpike

Newton, NJ 07860

Telephone: (973) 948-6000 x223 TDD: (973) 948-0793

#### UNION COUNTY OFFICE FOR THE DISABLED

Union County Administration Building Fourth Floor, Elizabethtown Plaza Elizabeth, NJ 07207

Voice/TDD: (908) 527-4840

#### WARREN COUNTY OFFICE FOR THE DISABLED

c/o DAWN, Inc. 30 Broad St., Suite 5 Denville, NJ 07834

Telephone: (973) 625-1940 (888) 383-DAWN

TDD: (973) 625-1932

#### **DID YOU KNOW?**

Burlington County does not have a County Office for the Disabled. In that county, that function is filled by the Center for Independent Living.

Resources For Independent Living (609) 747-7745

### **COUNTY CRISIS INTERVENTION CONTACTS**

The numbers listed below provide callers with access to emergency services and counseling for non-medical emergencies and crisis intervention:

ATLANTIC COUNTY	(609) 344-1118
BERGEN COUNTY	(201) 262-4357
<b>BURLINGTON COUNTY</b>	(609) 835-6180
CAMDEN COUNTY	(856) 428-4357
CAPE MAY COUNTY	(609) 465-5999
<b>CUMBERLAND COUNTY</b>	(856) 455-5555
ESSEX COUNTY	(973) 266-4478
GLOUCESTER COUNTY	(856) 845-9100
<b>HUDSON COUNTY</b>	(866) 367-6023
<b>HUNTERDON COUNTY</b>	(908) 788-6400
MERCER COUNTY	(609) 396-4357
	(609) 989-7297
MIDDLESEX COUNTY	(732) 235-5700
MONMOUTH COUNTY	(732) 923-6999
MORRIS COUNTY	(973) 625-0280
OCEAN COUNTY	(732) 886-4474
	(866) 904-4474
PASSAIC COUNTY	(973) 684-7792
SALEM COUNTY	(856) 299-3001
SOMERSET COUNTY	(908) 526-4100
SUSSEX COUNTY	(973) 383-0973
UNION COUNTY	(908) 994-7131
WARREN COUNTY	(908) 454-5141

National Suicide Hotline: 1-800-SUICIDE (1-800-784-2433)

#### **COUNTY BOARDS OF SOCIAL SERVICE**

The Boards of Social Service deliver financial aid and support to individuals and families.

(609) 348-3001
(201) 368-4200
(609) 261-1000
(856) 225-8800
(609) 886-6200
(856) 691-4600
(973) 733-3000
(856) 582-9200
(201) 420-3000
(908) 788-1300
(609) 989-4320
(732) 745-3500
(732) 431-6000
(973) 326-7800
(732) 349-1500
(973) 881-0100
(856) 299-7200
(908) 526-8800
(973) 383-3600
(908) 965-2700
(908) 475-6301

#### Social Services at a Glance

Work First NJ • Emergency Assistance • Food Stamps Medicaid • Kinship Care • Supports for Working Families Home Energy Assistance • Homeless Sheltering Child Care • Child Support

NJHelps is a free and easy guide for you to determine the programs and assistance for which you and your family may be eligible.

www.mynjhelps.org

#### **CENTERS FOR INDEPENDENT LIVING**

Centers for Independent Living (many funded through the Division of Vocational Rehabilitation Services) are community-based, consumer-driven organizations that provide peer counseling, skills training, advocacy, information and referral, and a variety of services based on individual needs.

#### STATEWIDE INDEPENDENT LIVING COUNCIL (SILC)

C/O PROGRESSIVE CENTER FOR INDEPENDENT LIVING (PCIL)

1262 Whitehorse-Hamilton Sq. Road., Bldg. A, Suite 102

Hamilton, NJ 08690

Telephone: (609) 581-4500 (877) 917-4500

TDD: (609) 581-4555

www.njsilc.org

#### ALLIANCE CENTER FOR INDEPENDENCE

(Middlesex, Somerset, Union Counties)

629 Amboy Avenue, Edison, NJ 08837

Telephone: (732) 738-4388 TDD: (732) 738-9644

www.adacil.org

#### CAMDEN CITY INDEPENDENT LIVING CENTER

(City of Camden)

2600 Mt. Ephraim Avenue, Suite 413

Camden, NJ 08104

Telephone: (856) 966-0800 TDD: (856) 966-0830

www.camdencityilc.org

#### CENTER FOR INDEPENDENT LIVING OF SOUTH JERSEY, INC. (CIL-SJ)

(Camden and Gloucester Counties)

1150 Delsea Drive, Suite 1

Westville, NJ 08093

Telephone: (856) 853-6490 Toll free: (800) 413-3791 TDD: (856) 853-7602

#### DAWN, INC.

(Morris, Sussex and Warren Counties)

30 Broad Street, Suite 5 Denville, NJ 07834

Telephone: (973) 625-1940 (888) 383-DAWN

TDD: (973) 625-1932

www.dawncil.org

#### DIAL, INC.

(Essex and Passaic Counties)

2 Prospect Village Plaza, First Floor

Clifton, NJ 07013

Telephone: (973) 470-8090 TDD: (973) 470-2521

www.dial-cil.org

#### CENTERS FOR INDEPENDENT LIVING AT A GLANCE

Peer Support

Individual and System Advocacy

• Independent Living Skills Training

• Development of Independent Living Plans

### HEIGHTENED INDEPENDENCE & PROGRESS (HIP)

(Bergen County)

131 Main Street, Suite 120 Hackensack, NJ 07601

Telephone: (201) 996-9100 TDD: (201) 996-9424

www.hipcil.org

#### HEIGHTENED INDEPENDENCE & PROGRESS-HUDSON

(Hudson County)

35 Journal Square, Suite 703 Jersey City, NJ 07306

Telephone: (201) 533-4407 TDD: (201) 533-4409

www.hipcil.org

#### MOCEANS CENTER FOR INDEPENDENT LIVING

(Monmouth and Ocean County)

279 Broadway, Second Floor, Suite 201

Long Branch, NJ 07740

Telephone: (732) 571-4884 TDD: (732) 571-4878

Ocean County Branch: Telephone: (732) 505-2310

www.moceanscil.org

#### PROGRESSIVE CENTER FOR INDEPENDENT LIVING (PCIL)

(Hunterdon and Mercer Counties)

1262 Whitehorse-Hamilton Sq. Rd., Bldg. A, Suite 102

Hamilton, NJ 08690

Telephone: (609) 581-4500 (877) 917-4500

TDD: (609) 581-4555

Hunterdon County Branch: Telephone: (908) 782-1055

(877) 376-9174

TDD: (908) 782-1081

www.pcil.org

#### RESOURCES FOR INDEPENDENT LIVING (RIL)

(Burlington, Cape May, Cumberland, Salem Counties)

351 High Street, Suite 103 Burlington, NJ 08016

Telephone: (609) 747-7745 TDD: (609) 747-1875

www.rilnj.org

#### TOTAL LIVING CENTER, INC. (TLC)

(Atlantic County)

6712 Washington Avenue, Suite 106 Egg Harbor Township, NJ 08234

Telephone: (609) 645-9547 TDD: (609) 645-9593

www.tlcenter.org

#### **Satellite Office**

1333 Atlantic Avenue Atlantic City, NJ 08401

Telephone: (609) 345-6700 x2804

TDD: (609) 345-5551 FAX: (609) 343-2374

### NJ EASE (877) 222-3737

NJ EASE (New Jersey Easy Access, Single Entry) is a Division of Aging Services program, in partnership with county governments, that provides a convenient way for senior citizens and their families to learn about and obtain needed services. NJ EASE provides information and access to services that address the financial, medical, and social needs of seniors.

Through NJ EASE, each county in New Jersey provides outreach, case management, transportation, senior centers, volunteer opportunities, health promotion, nutrition programs, education, health insurance counseling, adult protective services, senior employment, and information on housing and long-term care options. For more information, visit: www.adrcnj.org.

County Offices on Aging		
Atlantic County       (609) 645-5965       Min         Bergen County       (201) 336-7400       Mode         Burlington County       (609) 265-5069       Mode         Camden County       (856) 858-3220       Octoo         Cape May County       (609) 886-2784/2785       Pa         Cumberland County       (856) 453-2221       Sa         Essex County       (973) 395-8375       So         Gloucester County       (856) 384-6900       Su         Hudson County       (201) 369-4313       Ur	Aging       (732) 745-3295         Informouth County       (732) 431-7450         Informic County       (973) 285-6848         Informouth County       (973) 285-6848         Informic County       (973) 569-4060         Informouth County       (856) 935-7510         Informouth County       (908) 704-6346         Informouth County       (973) 579-0555         Informouth County       (908) 527-4869         Informouth County       (908) 475-6591	

### **ADULT PROTECTIVE SERVICES** (800) 792-8820

The role of Adult Protective Services (APS) is to investigate complaints of suspected abuse, neglect, and/or exploitation of vulnerable adults aged 18 or older. A complaint to APS will generate a thorough assessment, which will include a private face-to-face interview with the potentially at-risk adult, to determine if intervention is warranted. All information generated by the investigation is confidential. A report of suspected abuse may be made to the Aging and Community Services Information and Referral toll-free number or to the APS office in the county in which the individual lives.

County Adult Protective Services					
Atlantic County(888) 426-9243 Bergen County(201) 368-4300	Middlesex County(732) 745-3635 Monmouth County(732) 531-9191				
Burlington County(609) 518-4793	Morris County(973) 326-7282				
Camden County(856) 225-8178 Cape May County(609) 886-6200 x370	Ocean County(732) 349-1500 Passaic County(973) 881-2616				
Cumberland County(856) 453-2223 Essex County(973) 596-1146	Salem County(856) 339-8622 Somerset County(908) 526-8800				
Gloucester County (856) 256-2280 Hudson County(201) 537-5631	Sussex County(973) 383-3600 x5170 Union County(908) 497-3902				
Hunterdon County(908) 788-1300 Mercer County(609) 989-4346	Warren County(908) 475-6591				

#### **DISABILITY SPECIFIC RESOURCES**

The following agencies are grouped by service populations and each provides a variety of support services statewide. The agencies are categorized by target disability as a matter of reference, although some may serve additional populations. Where a local website was not available, a national website has been provided.

AIDS/HIV

Hyacinth AIDS Foundation 317 George Street, Suite 203 New Brunswick, NJ 08901

Telephone: (800) 433-0254 (Toll-Free)

(732) 246-0204 (outside NJ)

www.hyacinth.org

New Jersey Women and AIDS Network 4 North Broad Street, 4th Floor

Trenton, NJ 08608

Telephone: (609) 695-1200 FAX: (609) 695-1200

www.njwan.org

**ALZHEIMER'S DISEASE** 

The Alzheimer's Association Greater New Jersey Chapter 400 Morris Avenue, Suite 251

Denville, NJ 07834

Telephone: (800) 883-1180 (Toll-Free)

(973) 586-4300

www.ALZ.org

Delaware Valley Chapter 3 Eves Drive, Suite 310 Marlton, NJ 08053

Telephone: (856) 797-1212 FAX: (856) 797-1818

www.alznj.org

AMYOTROPHIC LATERAL SCLEROSIS (ALS)

Neuromuscular and ALS Center

Robert Wood Johnson University Hospital

**UMDNJ-RWJMS** 

125 Paterson Street, Suite 6100 New Brunswick, NJ 08901

Telephone: (732) 235-7331 www2.umdnj.edu/nmalsweb/

ARTHRITIS/FIBROMYALGIA

Arthritis Foundation-New Jersey Chapter

555 Route 1 South, Suite 320

Iselin, NJ 08830

Telephone: (888) 467-3112 (Toll-Free)

(732) 283-4300

FAX: (732) 283-4633

www.arthritis.org

Local website: www.arthritis/new-jersey/

AUTISM/ASPERGERS/ASD

Asperger Syndrome Education Network (ASPEN)

9 Aspen Circle Edison, NJ 08820

Telephone: (732) 321-0880 FAX: (732) 744-1622

www.aspennj.org

Autism Family Services of New Jersey

1 AAA Drive, Suite 203

Trenton, NJ 08691 Telephone: (877) 237-4477 (Toll-Free)

FAX: (609) 392-5621 www.autismfamilyservicesnj.org

Autistic Self Advocacy Network

PO Box 66122

Washington, DC 20035

Telephone: (202) 596-1056

New Jersey Chapter

www.meetup.com/ASAN-NJ

Autism New Jersey

(formerly New Jersey Center for Outreach and Services for the Autism Community (COSAC)

500 Horizon Drive, Suite 530

Robbinsville, NJ 08691

Telephone: (609) 883-8100

(800) 4-AUTISM (Toll-Free)

FAX: (609) 588-8858

www.autismnj.org

Parents of Autistic Children (POAC)

1999 Route 88 East Brick, NJ 08724

Telephone: (732) 785-1099 FAX: (732) 785-1003

www.poac.net

**AUTOIMMUNE DISORDERS** 

American Autoimmune Related

Diseases Association 21100 Gratiot Avenue East Detroit, MI 48021

Telephone: (586) 776-3900

www.aarda.org

For a list of National Resources, See Pages 31 and 32

**BLIND/VISUALLY IMPAIRED** 

National Federation of the Blind-NJ

254 Spruce Street Bloomfield, NJ 07003

Telephone: (973) 743-0075

http://www.nfbnj.org/

National Federation of the Blind Parents of Blind Children-NJ Carol Castellano, President Phone: 973-377-0976 Email: blindchildren@verizon.net

www.blindchildren.org

New Jersey Council of the Blind 153 Franklin Corner Road Lawrenceville, NJ 08648-2501 Telephone: (609) 895-1048 FAX: (609) 882-5416 www.njcounciloftheblind.org

New Jersey Foundation for the Blind PO Box 929, 230 Diamond Spring Road

Denville, NJ 07834

Telephone: (973) 627-0055 FAX: (973) 627-1622

www.njffb.org

The Friends of the NJ Library for the Blind and

Handicapped (NJLBH)

PO Box 434

Woodbridge NJ 07095-0434 Telephone (609) 895-1048

http://friendsnjlibraryfortheblind.org/

#### **CEREBRAL PALSY**

Alliance for the Betterment of Citizens with Disabilities (ABCD)

127 Route 206, Suite 18 Hamilton, NJ 08610

Telephone: (609) 581-8375 FAX: (609) 581-8512

www.abcdnj.org

Cerebral Palsy League (908) 709-1800 www.thecplinc.org

LADACIN Network (732) 493-5900 www.ladacin.org

Cerebral Palsy of North Jersey

(973) 763-9900 www.cpnj.org Passaic County Elks Cerebral Palsy Treatment Center (973) 772-2600

www.pcecpc.org

United Cerebral Palsy of Hudson County

(201) 436-2200

www.ucpofhudsoncounty.org

Cerebral Palsy Association of Middlesex County

10 Oak Drive Edison, NJ 08837

Telephone: (732) 549-6187 FAX: (732) 540-2410

www.cpamc.org

Githens Center

(Burlington County Cerebral Palsy Association)

40 Cedar Street

Mount Holly, NJ 08060 Telephone: (609) 261-1667 FAX: (609) 261-1844

www.githenscenter.org

**CANCER** 

American Cancer Society-NJ

2600 US Highway 1

North Brunswick, NJ 08908 Telephone: (732) 297-8000 FAX: (732) 297-9043

www.cancer.org

CARDIAC/HEART DISEASE

American Heart Association 1 Union Street, Suite 301 Robbinsville, NJ 08691

Telephone: (609) 208-0020 FAX: (609) 208-2906

www.heart.org

CHRONIC FATIGUE SYNDROME

NJCFSA (New Jersey Chronic Fatigue Syndrome

Association, Inc.) PO Box 477

Florham Park, NJ 07932 Telephone: (888) 835-3677

www.njcfsa.org

**CROHN'S DISEASE** 

Crohn's and Colitis Foundation of America

New Jersey Chapter 45 Wilson Avenue Manalapan, NJ 07726

Telephone: (732) 786-9960 FAX: (732) 786-9964

www.ccfa.org

#### COGNITIVE/INTELLECTUAL DISABILITY

The Arc of New Jersey 985 Livingston Avenue North Brunswick, NJ 08902

Telephone: (732) 246-2525 FAX: (732) 214-1834

www.arcnj.org

To Find a Local Chapter of the Arc in New Jersey, visit: www.arcnj.org

Click on Find a Chapter

#### **CROSS-DISABILITY**

Advancing Opportunities 1005 Whitehead Road Ext., Suite 1 Ewing, NJ 08638

Telephone: (609) 882-4182

(888) 322-1918 (Toll-free)

TTY: (609) 882-0620 FAX: (609) 882-4054

www.advopps.org

Alliance for the Betterment of Citizens with Disabilities (ABCD) 127 Route 206, Suite 18 Hamilton, NJ 08610

Telephone: (609) 581-8375 FAX: (609) 581-8512

www.abcdnj.org

Coalition for Inclusive Ministries Elizabeth M. Boggs Center-UAP 335 George Street, Suite 3500, PO Box 2688 New Brunswick, NJ 08903-2688

Telephone: (732) 235-9300 FAX: (732) 235-9330 www.rwjms.umdnj.edu/boggscenter

Community Access Unlimited 80 West Grand Street, Elizabeth, NJ 07202

Telephone: (908) 354-3040 FAX: (908) 354-2665

www.caunj.org

Community Options, Inc.

16 Farber Road, Princeton, NJ 08540

Telephone: (609) 951-9900 FAX: (609) 951-9112

www.comop.org

Easter Seals Society of New Jersey, Inc.

25 Kennedy Blvd., Suite 600 East Brunswick, NJ 08816 Telephone: (732) 257-6662 FAX: (732) 257-7373 http://www.njeasterseals.com

Spectrum for Living 210 Rivervale Road, Suite 3

River Vale, NJ 07675

Telephone: (201) 358-8000

(866) 367-7732

FAX: (201) 358-8089 www.spectrumforliving.org

Statewide Parent Advocacy Network (SPAN)

35 Halsey Street, 4th Floor

Newark, NJ 07102

Telephone: (800) 654-7726

(973) 642-8100

FAX: (973) 642-8080

www.spanadvocacy.org

#### **CYSTIC FIBROSIS**

Cystic Fibrosis Foundation Greater New Jersey Chapter 2 University Plaza, Suite 312 Hackensack, NJ 07601

Telephone (201) 457-1800 FAX: (201) 457-1898

www.cff.org

#### **DEAF/HARD OF HEARING**

Hearing Loss Association of America New Jersey State Association Telephone (609) 655-0090 http://hearingloss-nj.org/

Association of Late-Deafened Adults-Garden State (ALDA-GS)

www.alda-gs.org

NJ Association of the Deaf, Inc. (NJAD) PO Box 354 Milltowne, NJ 08850 www.njadeaf.org

#### **DIABETES**

Telephone:

FAX:

American Diabetes Association NJ Chapter 1160 Route 22 E., Suite 103

Bridgewater, NJ 08807

(732) 469-7979 (888) DIABETES

(908) 722-4887

www.diabetes.org

#### **DOWN SYNDROME**

Bringing Up Down Syndrome (BUDS)

504 Centennial Blvd. #1444

Voorhees, NJ 08043

Telephone: (856) 985-5885

Email: information@bringingupdownsyndrome.org

www.bringingupdownsyndrome.org

The Down Syndrome Association of Central NJ (DACNJ)

180 Ewingville Road Ewing, NJ 08638

Telephone: (866) Down Syn (866) 369-6796

Email: dsacnj@arcmercer.org

www.dsacnj.org

The Down Syndrome Group of Northwest New Jersey

PO Box 212,

Washington, NJ 07882

Telephone: (908) 689-7525 Ext. 320 http://www.dsgnwnj.org/default.htm

Knowledge and Information about Individuals with

Down Syndrome (K.I.I.D.S)

PO Box 1546

Bellmawr, NJ 08099

#### **DWARFISM**

Little People of America

Telephone: (888) LPA (572)-2001

www.lpadistrict2.org

#### **EATING DISORDERS**

Food Addicts Anonymous

NJ Helpline (732) 244-4324

www.foodaddictsanonymous.org

#### **EPILEPSY**

Epilepsy Foundation of New Jersey

1 AAA Drive, Suite 203

Trenton, NJ 08691

Telephone: (800) 336-5843

(609) 392-4900

FAX: (609) 392-5621

www.efnj.com

#### HEAD INJURY/TRAUMATIC BRAIN INJURY (TBI)

Brain Injury Alliance of New Jersey

825 Georges Road, Second Floor

North Brunswick, NJ 08902

Telephone: (732) 745-0200

(800) 669-4323

FAX: (732) 745-0211

www.bianj.org

#### **DID YOU KNOW?**

The Division of Disability Services is the lead state agency for services to individuals with brain injury. DDS administers the TBI Fund and the TBI Medicaid Waiver.\* See Pages 1 and 2.

#### **HEPATITIS**

Hepatitis Foundation International

National Headquarters

504 Blick Drive

Silver Spring, MD, 20904

Telephone: (800) 891-0707

(301) 622-4200

FAX: (301) 622-4702

www.hepatitisfoundation.org

#### **HUNTINGTON'S DISEASE**

Huntington's Disease Society of America

53 Stickle Avenue

Rockway, NJ 07866

PO Box 943

Denville, NJ 07834

Telephone: (973) 784-4965

FAX: (973) 784-4966

www.hdsanj.org

#### LEARNING DISABILITIES

The International Dyslexia Association

New Jersey Branch

PO Box 32

Long Valley, NJ 07853

Telephone: (908) 876-1179

www.interdys.org

Learning Disabilities Association of America

New Jersey Chapter

PO Box 6268

East Brunswick, NJ 08816

Telephone: (732) 645-2738

www.ldanatl.org

#### **LUPUS**

Lupus Foundation of America

NJ Chapter

PO Box 1184

150 Morris Avenue, Suite 102

Springfield, NJ 07081

Telephone: (800) 322-5816

(973) 379-3226

FAX: (973) 379-1053

www.lupusnj.org

Philadelphia TriState Area 500 Old York Road, Suite 110

Jenkintown, PA 19046

Telephone: (215) 517-5070 FAX: (215) 517-8483

www.lupustristate.org

#### **MENTAL ILLNESS**

Mental Health Association in New Jersey 88 Pompton Avenue Verona, NJ 07044

Telephone: (973) 571-4100

(800) 367-8850 (Toll-free)

FAX: (973) 857-1777

www.mhanj.org

NAMI NJ (National Alliance on Mental Illness of

New Jersey) 1562 Route 130

North Brunswick, NJ 08902 Telephone: (732) 940-0991 FAX: (732) 940-0355

www.naminj.org

National Coalition for Mental Health Recovery 1101 15th Street, NW #1212

Washington, DC, 20005

Telephone: (877) 246-9058 (Toll-free)

National Coalition for Mental Health Consumer's Self-Help Clearinghouse 1211 Chestnut Street, Suite 1207

Philadelphia, PA 19107

Telephone: (800) 553-4539 (Toll-free)

(215) 751-1810

FAX: (215) 636-6312 Emai: info@mhselfhelp.org

For the
Division of Mental Health and
Addiction Services
See Page 8

#### **MUSCULAR DYSTROPHY**

Muscular Dystrophy Association 5940 Hamilton Blvd., Suite F Allentown, PA 18106

Telephone: (610) 391-1977 FAX: (610) 391-0416

www.mda.org

Muscular Dystrophy Association 25 E. Spring Valley Avenue, Suite 210

Maywood, NJ 07607

Telephone (201) 843-4452 FAX: (201) 843-2324

www.mda.org

#### **MULTIPLE SCLEROSIS**

National Multiple Sclerosis Society

NJ Metro Chapter

1 Kalisa Way, Suite 205

Paramus, NJ 07652

Telephone: (201) 967-5599 FAX: (201) 967-7085 www.nationalmssociety.org/njm

National Multiple Sclerosis Society

NJ Metro Chapter 246 Monmouth Road Oakhurst, NJ 07755

Telephone: (732) 660-1005 FAX: (732) 660-1338 www.nationalmssociety.org/njm

Multiple Sclerosis Society Greater Delaware Valley Chapter

30 South 17th Street, Suite 800

Philadelphia, PA 19103

Telephone: (215) 271-2400 FAX: (215) 271-6122

www.nmss.org

Multiple Sclerosis Association of America

National Headquarters 706 Haddonfield Road Cherry Hill, NJ 08002

Telephone: 1-800-LEARN MS (532-7667)

www.msassociation.org

#### PARKINSON'S DISEASE

New Jersey American Parkinson Disease Association

120 Albany Street, Suite 360 New Brunswick, NJ 08901 Telephone: (732) 745-7520 FAX: (732) 745-3114

www.njapda.org

#### POLIO/POST-POLIO

New Jersey Polio Network

PO Box 537

Martinsville, NJ 08836

Telephone: (201) 845-6860 FAX: (908) 236-9388

www.njpolio.org

#### RESPIRATORY DISEASE

American Lung Association

New Jersey Chapter

1031 Route 22, Suite 203 Bridgewater, NJ 08807

Telephone: (908) 685-8040 FAX: (908) 685-8030

www.lunginfo.org

#### SICKLE CELL DISEASE

Sickle Cell Disease Association of America SCDAA - Philadelphia/Delaware Valley 5070 Parkside Avenue, Suite 1404

Philadelphia, PA 19131

Telephone: (215) 471-8686 FAX: (215) 471-7441 www.sicklecelldisorder.com

#### **SCLERODERMA**

Scleroderma Foundation (Southern NJ)

Delaware Valley Chapter 385 Kings Highway North Cherry Hill, NJ 08034

Telephone: (866) 675-5545

www.scleroderma.org

Tri-State Chapter (Northern NJ)

59 Front Street

Binghamton, NY 13905

Telephone: (607) 723-2239 (800) 867-0885

FAX: (607) 723-2039

www.scleroderma.org

#### **SENSORY IMPAIRMENTS**

New Jersey Association of the Deaf-Blind, Inc.

24 K World's Fair Drive Somerset, NJ 08873-1349 Telephone/TTY: (732) 805-1912 FAX: (732) 805-3088

www.njadb.org

New Jersey Speech-Language-Hearing Association

66 Witherspoon Street, Suite 337

Princeton, NJ 08542

Telephone: (888) 906-5742 FAX: (888) 729-3489

www.njsha.org

#### **SPINA BIFIDA**

Spina Bifida Resource Network

(formerly Spina Bifida Association Tri-State Region)

84 Park Avenue, Suite G-106

Flemington, NJ 08822

Telephone: (908) 782-7475 FAX: (908) 782-6102

www.thesbrn.org

#### SPINAL CORD INJURY (SCI)

Christopher & Dana Reeve Paralysis Resource Center

Short Hills Plaza

636 Morris Turnpike, Suite 3A

Short Hills, NJ 07078

Telephone: (800) 539-7309 FAX: (973) 467-9845 www.christopherreeve.org

Central Jersey Spinal Cord Association

19 Jefferson Avenue

New Brunswick, NJ 08903 Telephone: (732) 220-0870

www.cjsca.net.

#### STROKE/CVA

New Jersey Stroke Activity Center, Inc.

725 Joralemon Street, Suite 191

Belleville, NJ 07109

Telephone: (973) 450-4114 FAX: (973) 450-0805

www.njsac.org

American Stroke Association 7272 Greenville Avenue

Dallas, TX 75231

Telephone: (888) 4-STROKE (888) 478-7653) or

(888) 474-VIVE

http://www.strokeassociation.org/STROKEORG/

#### **TOURETTE SYNDROME**

New Jersey Center for Tourette Syndrome

50 Division Street, Suite 205

Somerville, NJ 08876

Telephone: (908) 575-7350 FAX: (908) 575-8699

www.njcts.org

### **NEW JERSEY SELF-HELP GROUP CLEARINGHOUSE**

Maintains information on thousands of local no-fee support groups in New Jersey, including many that address disabilities, illnesses, caregiving, and parenting

Provides information about national and online support networks

Helps those interested in starting new support groups by providing free how-to materials, phone consultation, and training

Publishes an annual directory of support groups

375 East McFarlan Street, Dover, NJ 07801

Telephone: (800) 367-6274 or (973) 989-1122 FAX: (973) 989-1159 www.njgroups.org

### V

#### **INTERNET RESOURCES**

ADAPT (American Disabled for Attendant Programs Today)

www.adapt.org

Alliance for Inclusion in the Arts www.inclusioninthearts.org

American Association for Adapted Sports Programs www.adaptedsports.org

American Association of People with Disabilities www.aapd.com

American Association on Intellectual & Developmental Disabilities www.aaidd.org

American Chronic Pain Association www.theacpa.org

American Disability Association (ADAnet) www.ADAnet.org

American Self-Help Clearinghouse www.selfhelpgroups.org

Assistance Dogs International, Inc www.assistancedogsinternational.org

Center for an Accessible Society www.accessiblesociety.org

Center for Hearing and Communication www.chchearing.org

Children's Disabilities Information www.childrensdisabilities.info

Consortium for Citizens with Disabilities www.c-c-d.org

Cornucopia of Disability Information http://codi.buffalo.edu/

Council for Disability Awareness www.disabilitycanhappen.org

Disabled in Action www.disabledinaction.org

Disability History Museum www.disabilitymuseum.org

Disability Info www.disability.gov

Disability Nation www.disabilitynation.net

Disability Online www.disabilityonline.com

Disability Resources Monthly www.disabilityresources.org

Disability Social History Project www.disabilityhistory.org

Disabled Sports USA www.dsusa.org

DO-IT Foundation www.washington.edu/doit

Family Village www.familyvillage.wisc.edu

Freedom Clearinghouse www.freedomclearinghouse.org

Genetic Alliance www.geneticalliance.org

Harvard Law School Project on Disability http://hpod.org/

Health Care Coach www.healthcarecoach.org

I Am PWD www.iampwd.org/

Inclusion Daily Express www.inclusiondaily.com

Independent Living Institute www.independentliving.org

Independent Living USA

www.ilusa.com

Institute for Community Inclusion

www.communityinclusion.org

Institute on Disability Culture

www.dimenet.com/disculture

International Center for Disability Resources

www.icdri.org/

International Paralympic Committee

www.paralympic.org

Job Accommodation Network

http://askjan.org

Largest Minority

www.largestminority.org

Mobility International USA

www.miusa.org

National Academy of Elder Law Attorneys, Inc.

www.naela.org

National Arts and Disabilities Center

www.semel.ucla.edu/nadc

National Center for Accessible Media

http://ncam.wgbh.org/

National Center on Accessibility

www.ncaonline.org/

National Center on Birth Defects and Developmental

Disabilities

http://www.cdc.gov/ncbddd/

National Clearinghouse on Postsecondary Education for

Individuals with Disabilities

www.heath.gwu.edu/

National Council on Disability

www.ncd.gov

National Disability Rights Network

www.napas.org

National Organization on Disability

www.nod.org

National Institutes of Health

www.nih.gov

National Rehabilitation Information Center

www.naric.com/

**PACER Center** 

Champions for Children with Disabilities

www.pacer.org

Parents with Disabilities Online

www.disabledparents.net

Society for Accessible Travel and Hospitality

www.sath.org

Society for Disability Studies

www.disstudies.org

TASH (formerly The Association for the Severely

Handicapped)

www.tash.org

Through the Looking Glass

www.lookingglass.org

World Association of People with Disabilities

www.wapd.org

World Institute on Disability

www.wid.org

United Nations Commission on Human Rights

www.ohchr.org

U.S. International Council on Disabilities

www.usicd.org

Don't See What You Need?

Contact DDS at

1-888-285-3036

#### ADVOCACY-GENERAL

Alliance for the Betterment of Citizens with Disabilities (ABCD) 127 Route 206, Suite 18

Hamilton, NJ 08610 Telephone: (609) 581-8375 FAX: (609) 581-8512

www.abcdnj.org

Advocates for Children of New Jersey 35 Halsey Street, 2nd Floor, Newark, NJ 07102

Telephone: (973) 643-3876 FAX: (973) 643-9153

www.acnj.org

Association for Special Children and Families

PO Box 494

Hewitt, NJ 07421-0494

Telephone: (973) 728-8744 FAX: (973) 728-5919

www.ascfamily.org

New Jersey Self-Advocacy Project

985 Livingston Avenue

North Brunswick, NJ 08902

Telephone: (732) 246-2525 x22

FAX: (732) 214-1834

www.arcnj.org

#### ADVOCACY-EDUCATION

Statewide Parent Advocacy Network (SPAN) 35 Halsey Street, 4th Floor

Newark, NJ 07102

Telephone: (800) 654-7726

(973) 642-8100

FAX: (973) 642-8080

www.spannj.org

#### ADVOCACY-FAMILY SUPPORT

Family Support Center

Epilepsy Foundation of New Jersey

2516 Highway 35 North

Manasquan, NJ 08736

Telephone: (732) 528-8080

(800) 372-6510

FAX: (732) 528-4744

www.fscnj.org

The Family Resource Network

1 AAA Drive, Suite 203

Trenton, NJ 08691

Telephone: (609) 392-4900

(800) 336-5843

FAX: (609) 392-5621

www.familyresourcenetwork.org

#### ADVOCACY-INFORMATION/RESEARCH

**United Spinal Association** 

75-20 Astoria Blvd.

Jackson Heights, NY 11370 Telephone: (718) 803-3782 FAX: (718) 803-0414

www.unitedspinal.org

#### ADVOCACY- LEGAL SERVICES

American Civil Liberties Union (ACLU)

PO Box 32159 Newark, NJ 07102

Telephone: (973) 642-2084

www.aclu-nj.org

**Education Law Center** 

60 Park Place, Suite 300

Newark, NJ 07102

Telephone: (973) 624-1815

FAX: (973) 624-7339

TDD: (973) 624-4618

www.edlawcenter.org

Legal Services of New Jersey

100 Metroplex Drive, Suite 402, PO Box 1357

Edison, NJ 08818

Telephone: (732) 572-9100

(888) 576-5529 (Toll-free)

www.lsnj.org

New Jersey State Bar Association

One Constitution Square

New Brunswick, NJ 08901

Telephone: (732) 249-5000

FAX: (732) 249 2815

www.njsba.com

Community Justice Center 310 W. State Street, Third Floor

Trenton, NJ 08618

Telephone: (609 218-5120 FAX: (609 218-5126

http://nj-communityjusticecenter.org

Community Health Law Project

185 Valley Street

South Orange, NJ 07079 Telephone: (973) 275-1175 FAX: (973) 275-5210

www.chlp.org

#### **BRANCH OFFICES**

Community Health Law Project 650 Bloomfield Avenue, Suite 210

Bloomfield, NJ 07003 Telephone: (973) 680-5599 FAX: (973) 680-1488 TDD: (973) 680-1116

Community Health Law Project 225 East State Street, Suite 5

Trenton, NJ 08608

Telephone: (609) 392-5553 FAX:/TDD:(609) 392-5369

Community Health Law Project

65 Jefferson Avenue, Suite 402, Elizabeth, NJ 07201

Telephone: (908) 355-8282 FAX: (908) 355-3724

Community Health Law Project Station House Office Building 900 Haddon Avenue, Suite 400 Collingswood, NJ 08108

Telephone/TDD: (856) 858-9500

FAX: (856) 858-9545

Community Health Law Project

1 Main Street, Suite 413 Eatontown, NJ 07724

Telephone: (732) 380-1012 FAX: (732) 380-1015

Disability Rights New Jersey (DRNJ)

(formerly New Jersey Protection and Advocacy, Inc.)

210 South Broad Street, 3rd Floor

Trenton, NJ 08608

Telephone: (800) 922-7233

(609) 292-9742

FAX: (609) 777-0187

www.drnj.org

Division on Civil Rights

140 East Front Street, 6th Floor

PO Box 090

Trenton, NJ 08625

Telephone: (609) 292-4605 TTY: (609) 292-1785 FAX: (609) 292-3812

www.NJCivilRights.org

#### **BRANCH OFFICES**

Division on Civil Rights

26 South Pennsylvania Avenue, 3rd Floor

Atlantic City, NJ 08401 Telephone: (609) 441-3100 TTY: (609) 441-7648 FAX: (609) 441-3578

Division on Civil Rights

One Port Center

2 Riverside Drive, 4th Floor

Camden, NJ 08103

Telephone: (856) 614-2550 TTY: (856) 614-2574 FAX: (856) 614-2568

Division on Civil Rights

31 Clinton Street, 3rd Floor.

PO Box 46001 Newark, NJ 07102

Telephone: (973) 648-2700 TTY: (973) 648-4678 FAX: (973) 648-4405

#### SUPPORT GROUPS

New Jersey Self-Help Group Clearinghouse 375 East McFarlan Street

Dover, NJ 07801

Telephone: (800) 367-6274

(973) 989-1122

FAX: (973) 989-1159

www.njgroups.org

### See Page 25

### VII

#### PROFESSIONAL AND PROVIDER ORGANIZATIONS

New Jersey Association of Community Providers, Inc.

1005 Whitehead Road Ext., Suite 1B

Ewing, NJ 08638

Telephone: (609) 406-1400 FAX: (609) 406-1442

www.njacp.org

ACCESS-NJ/CNA

150 West State Street, Suite 120

Trenton, NJ 08608

Telephone: (609) 392-1255 FAX: (609) 392-3236

www.cnaservices.org

Association of Schools and Agencies for the

Handicapped (ASAH)

2125 Route 33

Lexington Square

Hamilton Square, NJ 08690 Telephone: (609) 890-1400

FAX: (609) 890-8860

www.asah.org

New Jersey Association for Persons in Supported

Employment (NJAPSE)
The Network on Employment
Telephone: (732) 831-1114

www.njapse.org

For Home Care Associations, See Page 49

### VIII

#### **SERVICE DOG RESOURCES**

Canine Companions for Independence 286 Middle Island Road, Medford, NY 11763

Telephone/TDD: (800) 572-2275

www.cci.org

Canine Partners for Life

PO Box 170, Cochranville, PA 19330

Telephone: (610) 869-4902

www.k94life.org

Pet Partners (formerly Delta Society) 875 124th Avenue NE, Suite 101

Bellevue, WA 98005

Telephone: (425) 679-5500

www.petpartners.org

Seeing Eye, Inc.

PO Box 375, Morristown, NJ 07963-0375

Telephone: (973) 539-4425

www.seeingeye.org

### See Appendix 5 for more information on Service Animals

### IX

#### **RECREATION RESOURCES**

#### **SPORTS AND TRAINING**

New Jersey Special Olympics

3 Princess Road

Lawrenceville, NJ 08648

Telephone: (609) 896-8000 FAX: (609) 896-8040

www.sonj.org

#### **US YOUTH SOCCER - TOPSoccer**

529 Abbington Drive, Suite 5 East Windsor, NJ 08520

Telephone: (609) 490-0725/0731

www.njyouthsoccer.com

#### **ARTS PROGRAMS**

New Jersey Arts Access Task Force

8 Marcella Avenue

West Orange, NJ 07052

Telephone: (973) 731-6582

FAX: (973) 731-5520

www.njtheatrealliance.org/accessibility.htm

VSA Arts of New Jersey

703 Jersey Avenue

New Brunswick, NJ 08901

Telephone: (732) 745-3885 FAX (732) 745-4524

www.vsanj.org

#### **TECHNOLOGY RESOURCES**

#### **ASSISTIVE TECHNOLOGY**

Assistive technology is equipment or services which increase, maintain or improve the functional capability of an individual with a disability. The following programs and agencies provide both awareness of and access to assistive technology.

"Back in Action"

Assistive Devices Recycling Center

Telephone: (800) 922-7233

(609) 292-9742

TTY: (609) 633-7106 FAX: (609) 777-0187

http://backinaction.drnj.org

Assistive Technology Advocacy Center (ATAC)

210 S. Broad Street, 3rd Floor

Trenton, NJ 08608

Telephone: (800) 922-7233

(609) 292-9742

TDD: (609) 633-7106

FAX: (609) 777-0187 www.drnj.org/atacprogram.htm Rehabilitation Technology Services and

Technology Lending Center

Advancing Opportunities (formerly CPNJ)

1005 Whitehead Road Ext., Suite 1

Ewing, NJ 08638

Telephone: (609) 882-4182

(888) 322-1918 (Toll-free)

TTY: (609) 882-0620 FAX: (609) 882-4054

Goodwill Home Medical Equipment

(formerly YourReSource)

18 Artic Parkway Ewing, NJ 08638

Telephone: (609) 396-1513 www.goodwillhomemedical.org

#### **TECHNOLOGY RESOURCES ON THE WEB**

Able Data <a href="https://www.abledata.com">www.abledata.com</a> RESNA <a href="https://www.resna.org">www.resna.org</a> AssistiveTech.net <a href="https://www.assistivetech.net">www.assistivetech.net</a> Web Access Interactive <a href="https://www.w3.org/WAI/">www.w3.org/WAI/</a>

Northeast ADA & IT Center www.ilr.cornell.edu/edi/dbtacnortheast/index.cfm

XI

#### **NATIONAL RESOURCES**

Many national organizations can offer assistance to people with disabilities and their families. Here are some telephone numbers, hotlines, and Web sites for additional resources.

American Association on Intellectual and

**Developmental Disabilities** 

(202) 387-1968

www.aaidd.org

American Cancer Society

(800) 227-2345

www.cancer.org

American Foundation for the Blind

(800) 232-5463

www.afb.org

American Stroke Association

(888) 478-7653

www.strokeassociation.org

Amputee Coalition of America

(888) 267-5669

www.amputee-coalition.org

Amyotrophic Lateral Sclerosis Association

(800) 782-4747

www.alsa.org

The Arc of the United States

(800) 433-5255

www.thearc.org

Arthritis National Research Foundation

(800) 588-2873

www.curearthritis.org

Brain Injury Association of America

(800) 444-6443

www.biausa.org

Burn Association of America

(312) 642-9260

www.ameriburn.org

Celiac Sprue Association

(877) 272-4272

www.csaceliacs.org

Children and Adults with Attention Deficit Disorder (CHADD) (800) 233-4050

www.chadd.org

Chronic Fatigue and Immune Dysfunction Syndrome Association of America (704) 365-2343

www.cfids.org

Cystic Fibrosis Foundation

(800) 344-4823

www.cff.org

Disability Rights Education and Defense Fund

(800) 348-4232 www.dredf.org

Easter Seals National Headquarters

(800) 221-6827

www.easterseals.com

Epilepsy Foundation of America

(800) 332-1000

www.epilepsyfoundation.org

Hearing Loss Association of America

(301) 657.2248

www.hearingloss.org

Job Accommodation Network

(800) 526-7234

http://askjan.org

Learning Disabilities Association of America

(412) 341-1515

www.ldanatl.org

Mental Health America

(800) 969-6642

www.nmha.org

Muscular Dystrophy Association

(800) 572-1717

www.mda.org

National Accessible Apartment Clearinghouse

Housing Resource Center

(877) 428-8844

www.nmhc.org/contentlist.cfm?navid=182

National Association of the Deaf

(301) 587-1788 (Voice)

www.nad.org

National Association for Parents of Children

with Visual Impairments

(800) 562-6265

www.spedex.com/napvi

National Association of People with AIDS

(866) 846-9366

www.napwa.org

National Autism Center

(877) 313-3833

www.nationalautismcenter.org

National Council on Alcoholism and Drug Dependence

(800) 622-2255

www.ncadd.org

National Dissemination Center for Children

with Disabilities (NICHCY)

(800) 695-0285

www.nichcy.org

National Down Syndrome Congress

(800) 232-6372

www.ndscenter.org

National Down Syndrome Society

(800) 221-4602

www.ndss.org

National Fragile X Foundation

(800) 688-8765

www.fragilex.org

National Library Services for the Blind and Physically

Handicapped (888) 657-7323

www.loc.gov/nls/

National Multiple Sclerosis Society

(800) 344-4867

www.nationalmssociety.org

National Organization for Rare Disorders

(800) 999-6673

www.rarediseases.org

National Spinal Cord Injury Association

(800) 962-9629

Email: info@spinalcord.org

www.spinalcord.org

Office of Disability Employment Policy (ODEP)

(866) 633-7365

www.dol.gov/odep

Paralyzed Veterans of America

(800) 424-8200

www.pva.org

Reflex Sympathetic Dystrophy Syndrome Association

(877) 662-7737

www.rsds.org

Society for Disability Studies

(704) 274-9240

www.disstudies.org

**United Spinal Association** 

(800) 404-2898

### XII

#### **RESEARCH RESOURCES**

The NJ State Library Talking Book & Braille Center PO Box 501

2300 Stuyvesant Avenue

Trenton NJ 08618

Telephone: (800) 792-8322 FAX: (609) 406-7181

www.njsltbbc.org

Learning Ally

(formerly Recording for the Blind and Dyslexic)

20 Roszel Road

Princeton, NJ 08540

Telephone: (800) 221-4792 FAX: (609) 987-8116

www.learningally.org

New Jersey State Library

PO Box 520, 185 West State Street

Trenton, NJ 08625

Telephone: (609) 278-2640 FAX: (609) 292-2746

www.njstatelib.org

#### **RESEARCH RESOURCES ON THE WEB**

Disability Research Institute <a href="www.dri.uiuc.edu/default.htm">www.dri.uiuc.edu/default.htm</a>

National Center for the Dissemination

of Disability Research <u>www.ncddr.org</u>

National Rehabilitation Information

Center <u>www.naric.com</u>

Spinal Cord Injury

Information Networkwww.spinalcord.uab.eduUS Census Bureauhttp://factfinder2.census.gov

### XIII

#### **RIGHTS AND LAWS**

## The Individuals with Disabilities Education Act (IDEA)

http://idea.ed.gov

Federal law mandating that all children, regardless of disability, are entitled to a free, appropriate education, without extra cost and in the least restrictive and segregated environment possible.

#### The Rehabilitation Act of 1973

www.ed.gov/policy/speced/reg/narrative.html

Federal law which mandates all federal government agencies, and agencies with federal government contracts, to take affirmative action to employ people with disabilities. It also protects otherwise qualified people with disabilities from being denied services or benefits from a program receiving federal money.

### The Americans with Disabilities Act (ADA)

www.ADA.gov

Federal civil rights law which guarantees individuals with disabilities equal opportunity in employment, public accommodations, state and local government services, transportation, and telecommunications.

## The Developmental Disabilities Assistance and Bill of Rights Act of 2000

http://www.acf.hhs.gov/programs/aidd/resource/dd-act

Federal law mandating that an individual with a developmental disability has a right to appropriate treatment for his or her disability, and that treatment should be designed to maximize the individual's potential.

#### The Fair Housing Act

http://www.justice.gov/crt/about/hce/title8.php

Federal law which prohibits discrimination in the sale or rental of houses and apartments. It is also discriminatory to refuse to allow the modification of a home to provide physical access.

#### The Motorized Wheelchair Lemon Law

www.state.nj.us/lps/ca/brief/wheel.pdf

The Wheelchair Lemon Law requires manufacturers to give customers warranties of at least one year that cover defects which impair the use, value or safety of the chair or scooter. After three unsuccessful attempts at repairing the same problem with the wheelchair or motorized scooter or if the wheelchair or motorized scooter is out of service for a total of twenty days, the customer may be entitled to a replacement, refund, or early lease termination, minus a reasonable allowance for use.

#### The Snow Removal Act

www.njleg.state.nj.us/9899/Bills/pl99/182\_.htm

In a public parking area, the person who owns or controls the area shall be responsible for assuring that the restricted spaces remain free from obstruction. This includes shopping carts and other debris. Ice and snow must be removed within 24 hours after the weather condition has ceased.

New Jersey Handicapped Parking Laws
Appendix 1

#### Open Public Records Act (OPRA)

www.nj.gov/opra/

2001 state law which requires most branches of state, county, and municipal government to provide citizens with the opportunity to inspect, copy, or examine government records. It does allow public agencies to protect citizens' personal information.

#### **Older Americans Act**

www.aoa.gov

Federal civil rights law passed in 1965, which has since been amended. It created the Administration on Aging and provides funding for research and training projects. It also provides nutrition programs, health promotion and disease prevention, in-home services, and protection of the rights of older persons. The amended Act created the National Family Caregiver Support Program, which helps families care for elders who have illnesses or disabilities.

#### **Mental Health Parity Act**

Federal law which prevents group health plans of employers with more than 50 workers from placing dollar limits on mental health benefits that are lower than annual or lifetime dollar limits for medical and surgical benefits offered under the plan. This law does not, however, require group health plans to include mental health coverage.

## **Health Insurance Portability and Accountability Act** (HIPAA)

www.hhs.gov/ocr/hipaa/

Federal law which establishes national standards to protect individuals' medical records and other health information. Insurance carriers, healthcare clearinghouses, and healthcare providers are required to comply with its privacy standards. It gives consumers the right to request to inspect, copy, or amend their medical records, and to limit disclosure of information.

#### Danielle's Law

www.state.nj.us/humanservices/ddd/resources/info/danielles law2.html

New Jersey state law which requires staff working at public or private facilities for persons with developmental disabilities or brain injuries to call 911 in cases of medical emergency.

#### **Air Carriers Access Act**

http://airconsumer.ost.dot.gov/publications/horizons.htm

Federal law which requires airlines to accommodate the needs of passengers with disabilities. It prevents airlines from refusing to transport a passenger solely because of a disability; limits the circumstances under which passengers with disabilities must provide advance information about their disabilities to air carriers; states that assistive devices do not count against passenger baggage limits; and sets accessibility guidelines for airplane facilities. Airline personnel must provide routine physical assistance but are not required to provide what would customarily be regarded as personal care assistance. However, if a passenger requires an attendant, the airline must transport the attendant free of charge. The law does not require an airline to transport an individual who may endanger the health or safety of others. The Act mandates that a Complaints Resolution Officer (CRO) be immediately available to resolve disputes between airlines and passengers with disabilities.

#### The Work Incentives Improvement Act

www.socialsecurity.gov/work/aboutticket.html

Former U.S. President Clinton signed the Ticket to Work and Work Incentives Improvement Act of 1999 on December 17. This law increases beneficiary choice in obtaining rehabilitation and vocational services; removes barriers that require people with disabilities to choose between health care coverage and work; and insures that more Americans with disabilities have the opportunity to participate in the workforce and lessen their dependence on public benefits.

#### **New Jersey Law Against Discrimination (NJLAD)**

www.state.nj.us/lps/dcr/law.html

New Jersey state law which prohibits discrimination in employment, housing, places of public accommodation, and credit and business contracts on the basis of race, creed, color, national origin, nationality, ancestry, age, sex, familial status, marital status, domestic partnership status, affectional or sexual orientation, atypical cellular or blood trait, genetic information, liability for military service, mental or physical disability, perceived disability, or AIDS and HIV status. There are exceptions to these prohibitions.

#### **Family Support Act**

The Family Support Act is a 1993 state law which created family-driven Regional Family Support Planning Councils to assist families in making service decisions that best meet the needs of their members with disabilities. It establishes within the Division of Developmental Disabilities (DDD) a system of family support which includes financial assistance, service coordination, and a variety of services and trainings.

#### **LEGAL ASSISTANCE**

#### **Civil Rights**

The Division on Civil Rights, within the New Jersey Department of Law and Public Safety, is responsible for investigating allegations of discrimination and for seeking resolution through conciliation, hearings, or court orders. People with disabilities can file a complaint by calling the division or any of its enforcement branches.

#### The Division on Civil Rights

PO Box 090

Trenton, NJ 08625-0090

Telephone: (609) 292-4605 TTY: (609) 292-1785 FAX: (609) 984-3812 www.NJCivilRights.org

#### See Page 14

#### **DISABILITY RIGHTS INFORMATION SERVICES**

The following telephone numbers and Internet sites offer access to federal agencies and other organizations which provide information about the Americans with Disabilities Act (ADA), as well as guidance in understanding and complying with provisions of the ADA and other federal disability rights laws.

#### **Department of Justice**

ADA Information Line for documents, questions and

referrals: (800) 514-0301 TDD: (800) 514-0383

www.ada.gov

## **Equal Employment Opportunity Commission** (EEOC)

National Headquarters

Telephone: (202) 663-4900 TTY: (202) 663-4494

To be automatically connected to the nearest EEOC

field office: (800) 669-4000 TTY: (800) 669-6820

www.eeoc.gov

#### **Federal Communications Commission**

Consumer Information on Telecommunications Relay Services (TRS)

Telephone: (888) 225-5322 TTY: (888) 835-5322

www.fcc.gov/cgb/dro/trs.html

#### Architectural and Transportation Barriers Compliance Board

Documents and questions: (800) 872-2253 TDD: (800) 993-2822

www.access-board.gov

#### INFORMATION ON OTHER LAWS OF INTEREST

## **Individuals with Disabilities Education Act (IDEA)** of 1990 US Department of Education

Office of Special Education and Rehabilitative Services

Telephone: (202) 245-7468

www.ed.gov/about/offices/list/OSERS/index.html

#### Fair Housing Act of 1988

New Jersey/New York HUD Fair Housing Office

Telephone: (800) 496-4294 TTY: (973) 645-3298 www.hud.gov/offices/fheo/aboutfheo/fhhubs.cfm

#### Rehabilitation Act of 1973

Disability Rights Section, Civil Rights Division, U.S. Department of Justice:

Telephone: (800) 514-0301 TTY: (800) 514-0383 www.ada.gov

The U.S. Department of Justice provides information about the Americans with Disabilities Act (ADA) through a toll-free ADA Information Line. This service permits businesses, State and local governments, or others to call and ask questions about general or specific ADA requirements including questions about the ADA Standards for Accessible Design. ADA specialists are available Monday through Friday from 9:30 AM until 5:30 PM (eastern time) except on Thursday when the hours are 12:30 PM until 5:30 PM. Spanish language service is also available.

For general ADA information, answers to specific technical questions, free ADA materials, or information about filing a complaint, call:

800-514-0301 (voice) 800-514-0383 (TTY)

For additional information regarding ADA, please visit the website at: www.ada.gov

### **AMERICANS WITH DISABILITIES ACT AT A GLANCE**

**Title I** Ensures that qualified job applicants and employees with disabilities are protected from discrimination on the basis of disability. Enforced by the Equal Employment Opportunity Commission (EEOC)

Title II Requires equal access for people with disabilities to state and local government programs and services. Enforced by the Department of Justice (DOJ)

Title III Mandates access to goods and services to people with disabilities in places of public accommodation. Enforced by the Department of Justice (DOJ)

**Title IV** Establishes the Telecommunication Relay Service and requires any public service announcement that is funded wholly or in part by the federal government to be closed-captioned. Enforced by the Federal Communications Commission (FCC)

Title V Compliance mechanisms for the administration of the provisions of the ADA

#### **HEALTH COVERAGE RESOURCES**

This section describes federal and state health care assistance programs and health care resources for eligible children and adults with disabilities.

#### SPECIAL CHILD HEALTH SERVICES

Each of the state's 21 counties has a Special Child Health Services (SCHS) Case Management Unit jointly funded by SCHS and the County Freeholders. SCHS Case Managers, with parental consent, work with the child's parents and the physician to evaluate an affected child's strengths and needs; and develops an individual service plan for the child and family. Medical, educational, developmental, social and economic needs of the child and family are targeted.

#### **Special Child Health Services**

PO Box 364, Trenton, NJ 08625-0364

Telephone: (609) 777-7778

(888) 653-4463 (Toll-Free)

FAX: (609) 292-3580

#### **COUNTY CASE MANAGEMENT UNITS**

Atlantic County (609) 909-9269 Bergen County (201) 634-2620 Burlington County (609) 267-7156 x7104

Camden County (856) 374-6021 Cape May County (609) 465-6841

Cumberland County (856) 327-7602 x7132

**Essex County** (973) 395-8836 Gloucester County (856) 218-4111 **Hudson County** (201) 915-2514 **Hunterdon County** (908) 788-6399 Mercer County (609) 588-8460 Middlesex County (732) 745-3187 Monmouth County (732) 224-6950 (973) 971-4155 Morris County

Ocean County (732) 341-9700 x7602

Passaic County (973) 523-6778

Salem County (856) 935-7510 x8305

Somerset County (908) 725-2366 Sussex County (973) 948-5239

Union County (908) 889-0950 x2544 Warren County (908) 689-6000 x258

#### **Early Intervention Services**

The New Jersey Early Intervention System (NJEIS), under the Division of Family Health Services, implements New Jersey's statewide system of services for infants and toddlers, birth to age three, with developmental delays or disabilities, and their families. The Department of Health is appointed by the Governor as the state lead agency for the Early Intervention System.

Telephone: (888) 653-4463

#### MATERNAL AND CHILD HEALTH SERVICES

The Maternal and Child Health and Regional Services Unit supports a regionalized perinatal system and provides epidemiology services based on infant mortality and morbidity surveillance units. Funding and coordination are provided to the Healthy Mothers/Healthy Babies Coalitions, the MCH Consortia, and a network of specialized perinatal services for pregnant women at-risk. This network includes high-risk obstetric clinics and risk reduction centers.

## DIVISION OF FAMILY HEALTH SERVICES NJ Family Health Line

Telephone: (800) 328-3838

## NEWBORN BIOCHEMICAL SCREENING PROGRAM

Telephone: (609) 292-1582

#### SUPPLEMENTAL NUTRITION

The Supplemental Nutrition Program for Women, Infants, and Children (WIC) provides supplemental nutritious foods, nutrition education, breastfeeding promotion and support, immunization screening, and health care referrals to pregnant, breastfeeding, and postpartum women, infants, and children (from families with inadequate income and who are at risk with respect to their physical and mental health due to inadequate nutrition and/or primary health care).

#### FOR LOCAL WIC AGENCIES, CALL:

(866) 44NJWIC

For the Department of Health

See Page 9

#### **DENTAL ASSISTANCE**

#### **Dental Lifeline Network**

(formerly New Jersey Foundation of Dentistry for Persons with Disabilities, Donated Dental Services) 25 Kennedy Boulevard, Suite 400

East Brunswick, NJ 08816

Essex, Union, Hudson, Bergen, Passaic, Morris, and Sussex Counties:

Telephone: (877) 720-5557

(732) 296-6718

FAX: (732) 549-8907

All other counties:

Telephone: (800) 829-4619

(732) 549-8909

FAX: (732) 296-6719

www.nfdh.org

## University of Medicine & Dentistry of New Jersey (UMDNJ), New Jersey Dental School Clinic

110 Bergen Street, PO Box 1709

Newark, NJ 07101

Telephone: (973) 972-4242

## Dental Care for Persons with Developmental Disabilities in NJ,

#### **Matheny Medical and Educational Center**

PO Box 339, Peapack, NJ 07977

Telephone: (908) 234-0011 (888) 917-1222

### Campaign of Concern

This program uses registered hygienists to teach oral hygiene skills to people with developmental disabilities and trains caregivers in proper oral health and hygiene.

Telephone: (800) 466-8129

**Association of Managed Care Dentists** www.amcd.org

**Dental Provider Database** www.disabilityhealth.org/dental

#### PHARMACEUTICAL ASSISTANCE

#### **PAAD** and Senior Gold

The Division of Aging Services offers, to qualified individuals, programs which provide financial assistance for prescription medicines and certain pharmacy items.

For information about applying for Pharmaceutical Assistance to the Aged and Disabled (PAAD) or Senior Gold, contact your county's NJ EASE program (see page 19), your local pharmacy, or the Division of Aging Services.

**Division of Aging Services Call Center** (800) 792-9745 (609) 588-7048

## For information about the AIDS Drug Distribution Program (ADDP), call: (877) 613-4533

**Rx4NJ** (888) 793-6765 www.rx4nj.org

Many pharmaceutical companies have Patient Assistance Programs to assist consumers who have limited income and are without health insurance which covers the cost of medications. Rx4NJ, a Partnership for Prescription Assistance (PPA) program, is a no-cost service which connects consumers to these discounts.

#### **DID YOU KNOW?**

The New Jersey Motor Vehicle Commission (MVC) provides a discount on the cost of vehicle registration to SSI, PAAD and Lifeline recipients. In order to receive this discount, the recipient must provide a current Lifeline or PAAD eligibility card at the time of registration.

For more information, contact the MVC at: (888) 486-3339

#### MENTAL HEALTH SERVICES

#### **Statewide Clinical Consultation and Training (SCCAT)**

This program serves individuals with developmental disabilities in mental health or behavioral crises. Their staff work out of regional offices, providing 24 hour a day, 7 day a week mobile response to people who are in crisis wherever they are located. They work with consumers, their families, staff and mental health providers by offering:

- Direct response at the time of crisis in family homes, residential placements, day programs, and emergency rooms
- Technical support to families, sponsors, DD and mental health service providers
- Link-up with relevant resources
- Training for consumers, families, sponsors, and service providers
- Consultations at psychiatric inpatient units

#### For more information, call:

(888) 393-3007 www.sccatnj.org

For the Division of Mental Health Services
See Page 8

#### FEDERALLY QUALIFIED HEALTH CENTERS (FQHCs) are

community-based programs, which provide primary and preventive healthcare, regardless of a patient's ability to pay. To find a FQHC in New Jersey, visit www.njpca.org/FQHC.

#### **CHARITY CARE** (866) 588-5696

The New Jersey Hospital Care Payment Assistance Program (Charity Care) is free or reduced charge care, which is provided to patients who receive inpatient and outpatient services at acute care hospitals throughout New Jersey. Some services, and outpatient prescriptions, may not be eligible for reduction. Assistance is available to individuals who have no health coverage or coverage that pays only for part of the bill, who are ineligible for any private or government sponsored coverage (such as Medicaid), and who meet the program's income and assets criteria.

#### **HEALTHCARE RESOURCES ON THE WEB**

The Patient Advocate Foundation www.patientadvocate.org

Medicare Interactive www.medicareinteractive.org

Center for Ethics and Advocacy in Healthcare www.healthcare-ethics.org

### MEDICARE (800) 633-4227 TDD: (877) 486-2048

Medicare is a health insurance program, administered by the Center for Medicare and Medicaid Services (CMS), for people 65 years of age or older, certain younger people with disabilities, and people with End-Stage Renal Disease.

Medicare coverage is divided into three parts: Part A, Part B, and Part D. Part A helps to pay for care in hospitals, skilled nursing facilities, and hospice care. Part B helps pay for doctors, outpatient hospital care, and some other services not covered under Part A. Part D provides prescriptions coverage. Please direct specific questions to your carrier.

#### **MEDICARE CONTACTS**

#### Center for Medicare and Medicaid Services (CMS)

26 Federal Plaza Room, 38th Floor

New York, NY 10278

Telephone: (212) 616-2205 FAX: (483) 380-8872

http://cms.hhs.gov

#### For Medicare information:

www.medicare.gov

800-MEDICARE (633-4227)

#### NEW JERSEY CARRIERS AND PARTNERS

## **State Health Insurance and Assistance Program** (SHIP)

Telephone: (800) 792-8820

(609) 943-3437

FAX: (609) 943-4011

#### New Jersey Hospice and Palliative Care

**Organization:** (908) 233-0060

www.njhospice.org

#### **NEW JERSEY STATE GOVERNMENT CONTACTS**

**State Insurance Department:** (609) 292-5360 **State Medical Assistance Office:** (609) 588-2600 **Long Term Care Ombudsman:** (877) 582-6995

#### FEDERAL GOVERNMENT CONTACTS

Center for Disease Control and Prevention (CDCP) (800) 232-4636 www.cdc.gov

#### Department of Veterans Affairs (DVA)

(800) 827-1000

TDD: (800) 829-4833

www.va.gov

#### **Health Resources and Services Administration**

(HRSA) (888) 275-4772

TDD: (877) 489-4772

www.hrsa.gov

#### **Office on Civil Rights**

(800) 368-1019

TDD: (800) 537-7697 www.hhs.gov/ocr/

#### Office of the Inspector General

(800) 869-4499 TDD: (800) 377-4950

www.justice.gov/oig

#### **Railroad Retirement Board**

(877) 772-5772

TDD: (312) 751-4701

www.rrb.gov

### **MEDICARE COVERAGE AT A GLANCE**

Part A: Medically necessary care in hospitals, skilled nursing facilities, hospice, and some home health care

Part B: Doctor visits, preventive care, laboratory and x-ray services, durable medical equipment, hospital outpatient services, home health care, and ambulance service

Part D: Coverage for some medically approved pharmaceuticals

#### MEDICAID (800) 356-1561 TDD: (800) 356-1561

The New Jersey Medicaid Program, administered by the DHS Division of Medical Assistance and Health Services, covers certain medical and health care services for individuals who meet established eligibility standards.

#### MEDICAL ASSISTANCE CUSTOMER CENTERS

Atlantic / Cape May / Cumberland Counties (609) 561-7569

Bergen / Passaic / Morris / Sussex / Warren Counties (973) 977-4077

Burlington / Camden / Gloucester / Mercer / Salem Counties (856) 614-2870

**Essex County** 

(973) 648-3700

**Hudson County** 

(201) 217-7100

Monmouth / Ocean / Middlesex / Hunterdon /

Somerset / Union Counties

(732) 761-3600

## MEDICAID HOME AND COMMUNITY-BASED WAIVERS

Medicaid waivers include expanded Medicaid services to allow individuals who require facility-level of care to remain in the community. Individual waivers have disabilityspecific services included in their service packages. Please note that waivers have clinical and financial eligibility criteria, which must be met prior to enrollment.

Waivers are for individuals who already qualify for Medicaid but require supports and services beyond what standard Medicaid health insurance covers, OR for those who do not qualify for Medicaid under standard income guidelines, but who will not be able to remain in their homes without the supports and services that the waiver can provide, and who require a level of care provided by a hospital, a nursing facility, or an intermediate care facility.

County Boards of Social Service, See Page 17
To report Medicaid fraud: 877-55-FRAUD

#### **MANAGED CARE**

Medicaid has changed its service delivery system to have all services administered using a managed care model. Most Medicaid recipients were enrolled with an HMO to manage their services. A list of the HMOs and contact information can be found below:

#### **HMO Contact Numbers**

 Amerigroup
 800-600-4441

 Healthfirst
 888-464-4365

 Horizon NJ Health
 877-765-4325

 United Healthcare
 800-941-4647

#### **NJ FAMILY CARE**

NJ FamilyCare is a federal and state funded health insurance program created to help New Jersey's uninsured children and certain low-income parents and guardians to have affordable health coverage. It is for families who do not have available or affordable employer insurance, and cannot afford to pay the high cost of private health insurance.

Telephone: (800) 701-0710 www.njfamilycare.org

#### "Where's My Ride?"

LogistiCare schedules rides to medical appointments for individuals on Medicaid/NJ FamilyCare.

Reservations: (866) 527-9933

### **MEDICAID AT A GLANCE**

#### **MEDICAID SERVICES MAY INCLUDE:**

- Certified Nurse Practitioner/Clinical Nurse Specialist Services
- Chiropractic Services
- Dental Services
- Early and Periodic Screenings, Diagnosis, and Treatment (under age 21 only)
- Family Planning Services
- HealthStart Maternity and Pediatric Care Services
- Home Care Services
- Hospice Services
- Inpatient and Outpatient Hospital Services
- Laboratory and Radiological Services

- Medical Day Care Services
- Medical Supplies and Equipment
- Nursing Facility Services
- Optometric Services and Optical Appliances
- Pharmaceutical Services
- · Physician Services
- · Podiatric Services
- Prosthetic and Orthotic Devices and Hearing Aids
- Psychological and Mental Health Services
- · Rehabilitative Services
- Medical Transportation Services

#### HEALTH AND WELLNESS FOR PEOPLE WITH DISABILITIES

#### WELLNESS BASICS

- Include physical activity in your daily routine.
- Eat according to the FDA Food Pyramid at <a href="http://mypyramid.gov/">http://mypyramid.gov/</a>
- Rest when needed and maintain a sleep schedule and maintain good personal hygiene.
- Make medical appointments as needed and keep accurate records for follow-up.
- Take medication as directed. Don't deviate from regime without medical clearance.
- Do a daily 'wellness check." Look out for skin breakdown, sores and irritation.
- Make sure medical equipment such as wheelchairs and prosthetic devices "fit" properly.
- Avoid drug usage and limit alcohol and tobacco consumption.
- Maintain social interaction. Be part of the community.
- Keep up with "preventive" care. (Examples: Mammogram and pelvic exams for females and DRE and testicular exam for males.)

#### HEALTH CARE SELF-ADVOCACY

- Keep an accurate updated list of your medications, providers, and insurance information.
- Make sure providers' offices are accessible. When in doubt, ask!!
- Discuss your disability as well as your health needs with practitioners.
- Never be afraid to ask questions or get clarity as needed.
- Ask someone to accompany you to appointments as needed.
- Keep a list of concerns or questions in between appointments and bring it with you to your appointments.

#### **WELLNESS RESOURCES ON THE WEB**

Center for Disease Control Women's Health Homepage

www.cdc.gov/ncbddd/women/default.htm

The National Center on Physical Activity and Disability

www.ncpad.org/

Center for Research on Women with Disabilities (CROWD)

www.bcm.edu/crowd/index.cfm

American Association on Health and Disability

www.aahd.us/page.php

Office on Women's Health

www.womenhealth.gov/illness-disabilities

Center for Disease Control Feature Page on Disabilities

www.cdc.gov/Features/Disabilities

MedNets.com

www.mednets.com

#### See NJHelps Page 17 - www.mynjhelps.org

#### SUPPLEMENTAL SECURITY INCOME

Supplemental Security Income (SSI) is a Federal program established for the aged and people with disabilities. The program provides a monthly stipend. The federal government administers SSI through the Social Security Administration. People over 65 and people with disabilities, including children, may be eligible for SSI payments, and will receive NJ Medicaid automatically. Application is made through any Social Security office. Parents or guardians may apply on behalf of children under 18.

## SOCIAL SECURITY DISABILITY INSURANCE

The Social Security Disability Insurance (SSDI) program pays benefits to disabled workers and their families. To be eligible for SSDI, you must be disabled and must have earned a minimum number of credits from work covered under Social Security. The required number of credits varies depending on your age at the time you became disabled.

SOCIAL SECURITY ADMINISTRATION (800) 772-1213 TDD: (800) 325-0778

www.socialsecurity.gov

#### CATASTROPHIC ILLNESS IN CHILDREN RELIEF FUND (800) 335-FUND

The Catastrophic Illness in Children Relief Fund provides financial assistance for families in which a child has a disability or illness for which expenses are incurred that are not fully covered by insurance, state or federal programs, or other sources. Families that have lived in New Jersey for at least three months immediately preceding the date of application may be eligible if they have incurred health care expenses that exceed 10 percent of the family's income (plus 15 percent of any income over \$100,000). The child must have been 21 years old or younger when the medical bills were incurred. Families may reapply annually.

## CATASTROPHIC ILLNESS IN CHILDREN RELIEF FUND COMMISSION

PO Box 728, Trenton, NJ 08625-0728

Telephone: (609) 292-0600

(800) 335-FUND

www.njcatastrophicnessfund.org

To find food pantries throughout New Jersey, visit www.endhungernj.com

#### **UTILITY ASSISTANCE**

LOW INCOME HOME ENERGY ASSISTANCE PROGRAM (LIHEAP) (800) 510-3102

LIHEAP helps to pay heating and cooling bills.

## NJ LIFELINE CREDIT PROGRAM (800) 792-9745

NJ Lifeline is a yearly credit for your electric or gas bill. An individual must be 65 years old, or be a disabled adult (at least 18 years old) who is receiving Social Security Disability benefits. Recipients of Supplemental Security Income (SSI) do not need to apply—the Lifeline benefit is included in the monthly SSI check.

## NJ SHARES (866) NJSHARES (657-4273) www.njshares.org

NJ SHARES helps to pay electric and gas bills. This benefit can help if you experience a financial emergency and cannot pay your energy bill. To apply, contact a local NJ SHARES Intake Agency using the toll-free number above.

## UNIVERSAL SERVICE FUND (USF) (866) 240-1347

The Universal Service Fund (USF) program helps eligible low income households pay electric and natural gas service. The goal of the USF program is to ensure that eligible New Jersey utility customers only have to pay an affordable portion of their household income for energy cost. Under USF, eligible households would pay no more than 6% of their annual income for their natural gas and electric service combined. USF recipients must reside at the address provided on their utility account, and USF benefits will only be offered to the person/head of household listed on the utility account.

Board of Public Utilities (609) 341-918 (800) 624-0241

#### **AUTO INSURANCE ASSISTANCE**

## DOLLAR-A-DAY AUTO INSURANCE (800) 652-2471

The Dollar-A-Day policy is available to New Jersey drivers who are currently enrolled in Medicaid with hospitalization. It covers emergency treatment immediately following an accident, and treatment of serious brain and spinal cord injuries up to \$250,000. It also provides a death benefit of \$10,000. The cost is \$365 per year.

#### **EARLY INTERVENTION RESOURCES**

The New Jersey Early Intervention System receives state and federal funds through Part C of the Individuals with Disabilities Education Act. The ultimate goal is for children to maximize their potential to lead full, productive lives with their families and within their own communities.

New Jersey's Early Intervention System is a coordinated effort among the New Jersey Department of Health, the New Jersey Department of Human Services, the New Jersey Department of Education and the New Jersey Department of Children and Families. A State Interagency Coordinating Council, appointed by the governor, advises and assists the Department of Health as the lead agency in the development and implementation of early intervention for infants and toddlers with developmental delays or disabilities, and their families. Services are available to children, birth to three, in every county.

#### **ELIGIBILITY**

Each child's eligibility is determined by a multidisciplinary team, which includes the child's parents. If the child is not eligible for early intervention, recommendations may be made for referral to other appropriate resources. If the child is eligible, as determined by a medical diagnosis or developmental evaluation, an Individualized Family Service Plan (IFSP) to meet the needs of the child and the family will be developed by the team.

#### **CRITERIA**

- developmental delay of at least 1.5 standard deviations below the mean in two or more developmental areas (cognitive; physical, including gross motor, fine motor, vision and hearing; communication, social/emotional or adaptive); or
- developmental delay of at least 2.0 standard deviations below the mean in one developmental area; or
- a medically diagnosed physical or mental condition that has a high probability of resulting in developmental delay.

#### **ACCESSING SERVICES**

The county-based Regional Early Interventation Collaboratives are the system points of entry into the early intervention system. With family consent, anyone may call to make a referral. A service coordinator will be assigned to work with the family. The service coordinator will arrange evaluation for eligibility at no cost to the family.

Please see Page 36 for a list of SCHS Case Management Units

#### REGIONAL COLLABORATIVES

The Regional Early Intervention Collaboratives (REICs) are independent, non-profit corporations established to provide a community-based, culturally competent and consumer-driven early intervention system. The collaboratives are responsible for conducting assessments to identify regional needs; developing plans to address the needs; understanding and supporting family preferences, needs and quality of life; and actively involving families and community in every aspect of system development.

#### **Southern Regional Early Intervention Collaborative**

Winslow Professional Building

144 South Route 73, Suite A, Berlin, NJ 08009

Telephone: (856) 768-6747 FAX: (856) 768-7608

www.snjreic.org

(Atlantic, Burlington, Camden, Cape May, Cumberland, Gloucester, and Salem Counties)

## Family Link Regional Early Intervention Collaborative

2333 Morris Avenue, Suite A204 (2nd Floor)

Union, NJ 07083

Telephone: (908) 964-5303 FAX: (908) 964-6091 www.njeis.org/familylink/

(Essex, Morris, Sussex, Union, and Warren Counties)

#### Central Jersey Family Health Consortium Regional Early Intervention Collaborative

Central Jersey Family Health Consortium

2 King Arthur Court, Suite B North Brunswick, NJ 08902 Telephone: (732) 937-5437 FAX: (732) 937-5540

www.cifhc.org

(Hunterdon, Mercer, Middlesex, Monmouth, Ocean, and Somerset Counties)

## Northeast Regional Early Intervention Collaborative

65 Willowbrook Boulevard, 2nd Floor, Suite 206

Wayne, NJ 07470

Telephone: (973) 256-8484 FAX: (973) 256-1233

www.nreic.org

(Bergen, Hudson, and Passaic Counties)

Early Intervention System (888-653-4463)

#### **EDUCATION RESOURCES**

The Individuals with Disabilities Education Act guarantees children with disabilities, ages 3 to 21, the right to a free, appropriate public education delivered in the least restrictive environment. The New Jersey Department of Education administers state and federally funded aid programs for more than 1.3 million public and private elementary and secondary school children, and is responsible for ensuring that local schools comply with state and federal laws and regulations.

#### SPECIAL EDUCATION PROGRAMS

The Office of Special Education Programs, under the jurisdiction of the Division of Student Services, is responsible for the provision of special education and related services.

Office of Special Education Programs PO Box 500, 100 Riverview Plaza Trenton, NJ 08625-0500

Telephone: (609) 292-0147 FAX: (609) 984-8422 www.nj.gov/njded/specialed/

#### CHILD STUDY TEAMS

A child study team consists of a school psychologist, a learning disability teacher-consultant and a school social worker. For children age three to five, the child study team includes a speech correctionist or speech-language specialist. The child study team, with consent from the child's parents, evaluates the child and determines his or her eligibility for special education services.

Upon completion of the evaluation and prior to placement in special education, an Individualized Education Program, with stated goals and objectives, is written with the participation of the parents. According to New Jersey Administrative Code, a full continuum of alternative placements shall be available to meet the needs of children with educational disabilities.

#### PROJECT CHILD FIND

A free referral service for early intervention and special education programs.

Telephone: (800) 322-8174

#### LEARNING RESOURCE CENTERS

Learning Resource Centers provide research reports, educational guides, training, and workshops for parents and educators of students with disabilities.

#### Please See List on Page 11

#### **HEAD START**

Project Head Start is a federally funded pre-school program for children. Head Start provides a program of comprehensive developmental services based on the needs of the individual child, the child's family and community. Head Start serves children with disabilities in a mainstream environment.

For Local Head Start Programs, call: (609) 777-2074 www.nhsa.org

#### NEW JERSEY HIGHER EDUCATION STUDENT ASSISTANCE AUTHORITY (HESAA)

HESAA provides New Jersey students and families with the financial and informational resources for students to pursue their education beyond high school.

Telephone: (800) 792-8670

www.hesaa.org

	COUNTY SUPER	RVISORS OF CHILD	STUDY
Atlantic Bergen Burlington Camden Cape May Cumberland Essex Gloucester Hudson Hunterdon Mercer	(609) 625-0004 (201) 336-6875 (609) 265-5938 (856) 401-2400 (609) 465-1282 (856) 453-0422 (973) 621-2750 (856) 686-8370 (201) 369-5290 (908) 788-1414 (609) 588-5873	Middlesex Monmouth Morris Ocean Passaic Salem Somerset Sussex Union Warren	(732) 249-2900 (732) 431-7810 (973) 285-8336 (732) 929-2078 (973) 569-2110 (856) 935-7510 x8431 (908) 541-5700 (973) 579-6996 (908) 654-9867 (908) 689-0464



#### **EMPLOYMENT AND TRAINING RESOURCES**

Resources for employment and training vary, depending on the individual's skill level and employability. Services for people with disabilities include vocational evaluation and assessment, training, counseling, education, job placement assistance, supported employment and support for entrepreneurs with disabilities.

#### **VOCATIONAL REHABILITATION**

The Division of Vocational Rehabilitation Services (DVRS), within the Department of Labor and Workforce Development, provides services to individuals of employable age with disabilities through 18 district offices. Eligibility generally is based on the presence of a mental or physical disability that is an obstacle to employment, and a reasonable expectation that the division's services will help the individual become employable.

Vocational rehabilitation counselors work with individuals and their families to develop and carry out a plan for training and placement. If financial need is established, the division will purchase other rehabilitative services from private providers, such as further evaluation or counseling, training at a vocational center or technical school and on-the-job training.

## DIVISION OF VOCATIONAL REHABILITATION SERVICES (DVRS) - MAIN OFFICE

**PO Box 398** 

Trenton, NJ 08625-0398

Telephone: (609) 292-5987 TTY: (609) 292-2919 FAX: (609) 292-8347

www.wnjpin.state.nj.us

#### **DISTRICT OFFICES**

#### DVRS ATLANTIC OFFICE

2 South Main Street, Suite 2

Pleasantville, NJ 08232

Telephone: (609) 813-3933 TTY: (609) 813-3958 FAX: (609) 813-3959

#### DVRS BERGEN OFFICE

60 State Street, 2nd Floor Hackensack, NJ 07601-5471 Telephone: (201) 996-8970 TTY: (201) 487-6348

FAX: (201) 996-8880

#### **DVRS BURLINGTON OFFICE**

795 Woodlane Road, Suite 201 Westampton, NJ 08060

Telephone: (609) 518-3948 TTY: (609) 518-3957 FAX: (609) 518-3956

#### **DVRS CAMDEN OFFICE**

2600 Mt. Ephraim Avenue, Suite 103

Camden, NJ 08104-3290

Telephone: (856) 614-2500 TTY: (856) 614-2504 FAX: (856) 614-2538

#### **DVRS CAPE MAY OFFICE**

3810 New Jersey Avenue Wildwood, NJ 08260

Telephone: (609) 523-0330 VP: (609) 729-0132 FAX: (609) 523-0212

#### DVRS CUMBERLAND/SALEM OFFICE

40 East Broad Street, Suite 204 Bridgeton, NJ 08302-2881

Telephone: (856) 453-3888 VP: (856) 552-4533 FAX: (856) 453-3909

#### **DVRS ESSEX OFFICE**

990 Broad Street, 2nd Floor

Newark, NJ 07102

Telephone: (973) 648-3494 TTY: (973) 648-2733 FAX: (973) 648-3902

#### DVRS GLOUCESTER OFFICE

215 Crown Point Road, Suite 200

Thorofare, NJ 08086-2153
Telephone: (856) 384-3730
TTY: (856) 384-3778
FAX: (856) 384-3777

#### **DVRS HUDSON OFFICE**

438 Summit Avenue, 6th Floor Jersey City, NJ 07306-3187 Telephone: (201) 217-7180 TTY: (201) 217-7290 FAX: (201) 217-7287

#### **DVRS MERCER OFFICE**

Labor Station Plaza, PO Box 959 28 Yard Avenue,

Trenton, NJ 08625-0959

Telephone: (609) 292-2940 TTY: (609) 984-1568 FAX: (609) 984-3553

#### **DVRS MIDDLESEX OFFICE**

560 Jersey Avenue, PO Box 2672 New Brunswick, NJ 08903 Telephone: (732) 937-6300 FAX: (732) 937 6358

FAX: (732) 937 6358 TTY: (732) 545-8147

#### DVRS MONMOUTH OFFICE

60 Taylor Avenue

Neptune, NJ 07753-4844 Telephone: (732) 775-1799

TTY: (732) 775-1711 FAX: (732) 775-1666

#### **DVRS MORRIS OFFICE**

7 Sussex Avenue, 2nd Floor, Suite 2

Morristown, NJ 07960-3886 Telephone: (973) 631-6304 TTY: (973) 539-3665 FAX: (973) 631-6309

#### **DVRS OCEAN OFFICE**

1027 Hooper Avenue, Bldg. 6, 3rd Fl.

Toms River, NJ 08753-2225 Telephone: (732) 505-2310

TTY: (732) 505-2319 /2320 FAX: (732) 505-2317

#### **DVRS PASSAIC OFFICE**

200 Memorial Drive Paterson, NJ 07501

Telephone: (973) 742-9226 VP/TTY: (973) 968-6556 FAX: (973) 279-5895

#### DVRS SOMERSET/HUNTERDON OFFICE

75 Veterans Memorial Drive East

Suite 101

Somerville, NJ 08876-2952 Telephone: (908) 704-3030 TTY: (732) 545-8147 FAX: (908) 704-3476

#### DVRS SUSSEX/WARREN OFFICE

223A West Stiger Street, Suite A Hackettstown, NJ 07840-1217 Telephone: (908) 852-4110 TTY: (908) 852-0213 FAX: (908) 813-9745

#### **DVRS UNION OFFICE**

921 Elizabeth Avenue, 3rd Floor

Elizabeth, NJ 07201

Telephone: (908) 965-3940 FAX: (908) 965-2976

### **CBVI OFFICES**

For New Jersey residents with blindness or visual impairment, the DHS Commission for the Blind and Visually Impaired (CBVI) provides comprehensive employment services, which include vocational evaluation, counseling, guidance and training, and job placement. For a list of CBVI offices, go to Page 6.

### **ONE-STOP CAREER CENTERS**

The cornerstone of New Jersey's workforce investment system are the One-Stop Career Centers. One-Stop Career Centers throughout the state offer a wide range of tools to help people, including military veterans, those who are 55+, and individuals with disabilities, find a new job or career. All services are free of charge to help New Jersey's workers:

- Find a job
- Strengthen job-search skills
- Get training
- Improve reading and basic skills
- Network the way to a job
- Use labor market information to make career decisions
- Start a business

To connect with your local One-Stop Career Center, call:

(877) 872-5627

Need more information on disability employment in NJ? Visit:

http://www.state.nj.us/humanservices/disabilityemployment.html

For the New Jersey Association for Persons in Supported Employment (NJAPSE), See Page 30

## TICKET TO WORK AND WORK INCENTIVES IMPROVEMENT ACT

Social Security Disability Insurance and Supplemental Security Income (SSI) disability beneficiaries will receive a "Ticket" that they may be able to obtain vocational rehabilitation (VR), employment or other support services from an approved provider of their choice. The Ticket program is voluntary. The law also includes several enhancements to Medicaid and Medicare. For information, call (866) 871-7867.

The law also created a new Medicaid buy-in project to provide medical assistance to workers with impairments who are able to work. The law also extends Medicare coverage for people with disabilities who return to work.

#### SELF-EMPLOYMENT

The New Jersey Division of Vocational Rehabilitation Services has developed a common policy and regulations regarding self-employment as a work option for people with disabilities. Individuals with an interest in becoming self-employed should present this option to their vocational rehabilitation counselor. If a solid business plan is put together, there may be capital investment available for a variety of start-up needs.

Eligible clients of the Commission for the Blind and Visually Impaired can obtain capital to start and manage businesses through the Commission's Business Enterprise Program. Support primarily consists of training in business management and assistance in establishing vending locations. However, assistance for other business ventures is possible. A solid business plan is required.

#### Self-Employment Initiative Division of Vocational Rehabilitation Services

Telephone: (609) 292-5987 FAX: (609) 292-8347

#### **SMALL BUSINESSES**

The Disability Enterprise Program offers second-tier loans for small businesses owned by persons with a disability, businesses that are targeting employment for people with a disability, and non-profit corporations starting for-profit operations. Collateral is usually required. Assistance in preparing the application is provided.

#### The Disability Enterprise Program New Jersey Community Capital

Telephone: (609) 989-7766 FAX: (609) 393-9401

www.newjerseycommunitycapital.com

#### PLAN TO ACHIEVE SELF-SUPPORT (PASS)

The Social Security Administration has adopted a series of work incentives with a Plan to Achieve Self-Support (PASS), including the retention of benefits while starting a business. Individuals receiving SSI may be able to acquire additional capital for small business start-up through a PASS. A business plan is required. Contact a PASS specialist at your local Social Security office.

PASS Proposals Social Security Administration Telephone: (800) 772-1213 TDD: (800) 325-0778 www.socialsecurity.gov

#### TECHNICAL ASSISTANCE

Assistance for entrepreneurs with disabilities is available in the form of financing, business plan preparation, marketing assistance, PASS assistance, or general help in locating information or resources for business start-up or expansion.

New Jersey Commerce, Economic Growth, and Tourism Commission Small Business Development Centers

Telephone: (800) 432-1565

www.njsbdc.com

**Service Core of Retired Executives (SCORE)** 

Telephone: (800) 634-0245 FAX: (973) 645-2375

www.score.org

**Small Business Development Center Rutgers Graduate School of Management** 

Telephone: (973) 353-1927

On disability and considering working? Visit the New Jersey Benefits to Work Calculator at www.njdb101.org.

#### **Business Resources on the Web**

AbilityJobs <u>www.disabledbusiness.com/</u>

Disabled Businessperson's Association www.disabledbusiness.com/

**US Small Business Administration** 

www.sba.gov

US Office of Disability Employment Policy <u>www.dol.gov/odep</u>

### **TICKET TO WORK**

The Ticket to Work and Self-Sufficiency Program is the centerpiece of legislation signed by former U.S. President Clinton on December 17, 1999, under the Ticket to Work and Work Incentives Improvement Act of 1999. It is a nationwide initiative designed to bring major positive change to the lives of individuals with disabilities.

This comprehensive national initiative also is designed to assist people with the training and support they need to go to work by increasing their choices. SSA beneficiaries with disabilities can find employment, vocational rehabilitation (VR), and other support services from public and private providers.

Telephone: (866) YOUR TIC TTY: (866) TDD-2WORK www.ssa.gov/work www.yourtickettowork.com

#### **NJ WINS** (NEW JERSEY WORK INCENTIVE NETWORK SUPPORT)

New Jersey WINS is a optional statewide joint Benefits Planning Assistance and Outreach (BPAO) project funded by the U.S. Social Security Administration. It provides New Jersey residents who receive Social Security Disability Insurance (SSDI), Supplemental Security Income (SSI), or Medicaid benefits with cost-free information and technical assistance to make choices about accepting employment or increasing work hours.

Telephone: (877) 659-4672 www.njwins.org

#### **NJ WORKABILITY**

The WorkAbility program offers people with disabilities who are working, and whose income would otherwise make them ineligible for Medicaid, the opportunity to pay a small premium and receive full NJ Medicaid coverage. People with disabilities who are employed and are between the ages of 16 to 64 can qualify for the program with an annual gross earned income of up to approximately \$58,236.

#### **Eligibility Criteria**

- Must be between the ages of 16-64
- Must be working (full or part time) and have proof of employment
- Must have been determined "disabled" by the Social Security Administration OR the Disability Review Team at the Division of Medical Assistance & Health Services
- Unearned Income
  - ✓ \$958 per month (single)
     ✓ \$1,293 per month (couple)
     Note: Social Security Disability benefit may be disregarded for unearned income
- **Earned Income (Individual)** 
  - ✓ \$58,236 per year (gross income) ✓ \$4,835 per month (gross income)
- **Eligible Couple** 
  - ✓ \$78,348 per year (gross income) ✓ \$6,529 per month (gross income)
- Liquid Assets:
  - ✓ \$20,000 for an individual ✓ \$30,000 for a couple (where both are eligible)

**Note:** Assets do not include the primary home, car (used for work or medical transportation), or 401K retirement account.

Division of Medical Assistance and Health Services Telephone: (800) 356-1561 www.njworkability.nj.gov

#### HOUSING PROGRAMS

The New Jersey Department of Community Affairs administers the federal Section 8 voucher program and a variety of housing programs for low-income families, women, persons with disabilities, and seniors. Services include rental assistance, including the federal, and emergency shelter grants and homelessness prevention. The Department also administers the Community Services Block Grant and Weatherization programs, as well as the Handicapped Person Recreational Opportunity Grants.

The Division of Housing contains offices that administer programs of rental assistance, housing rehabilitation, relocation assistance, family self-sufficiency, emergency shelter grants and homelessness prevention.

The Division assists local groups in sponsoring lowand moderate-income housing, through programs that preserve, rehabilitate and expand the housing supply for low and moderate income families.

The Division also provides administrative grants to non-profit organizations that are involved in the production of affordable housing. In addition, the Division runs a fellowship program through which graduate students in architecture and engineering work with non-profit housing agencies.

#### DIVISION OF HOUSING

PO Box 051 Trenton, NJ 08625-0051 (609) 633-6303

Family Self-Sufficiency Program (609) 633-6284

Public Housing Authorities (866) 889-6270

Section 8 Housing Voucher Program Rental Assistance Program (609) 292-4080

#### HOMELESSNESS PREVENTION

Atlantic County	609-441-3334 x319
Bergen County	201-968-0200 x7041
Burlington County	
Camden County	
Cape May County	
Cumberland County	856-497-6600 x6722
Essex County	609-292-2269
Gloucester County	
Hudson County	

Hunterdon County	908-454-7000 x118
Mercer County	609-989-9417 x112
Middlesex County	732-442-1081 x2824
Monmouth County	732-755-0525 x204
Morris County	908-454-7000 x118
Ocean County	732-244-2351 x22
Passaic County	973-279-7100 x24
Salem County	856-497-6600 x6722
Somerset County	908-454-7000 x118
Sussex County	908-454-7000 x118
Union County	908-351-7727 x228
Warren County	

## NEW JERSEY HOUSING AND MORTGAGE FINANCE AGENCY (NJHMFA)

#### 800-NJ-HOUSE (800) 654-6873

The main goal of the New Jersey Housing and Mortgage Finance Agency is to encourage the production of affordable housing for all New Jersey citizens. Its Community Development Division administers several programs targeted to people with special needs. For information about low-income or special needs home ownership programs, call the NJHMFA.

The New Jersey Homeownership Preservation Effort (NJ HOPE) is a voluntary public/private alliance of government agencies, not-for-profit organizations, and financial institutions committed to enhancing home ownership preservation, by raising consumer awareness of available mortgage products and funding, providing increased access to credit and loan counseling for those who need it, and providing temporary assistance to consumers who are in immediate danger of foreclosure. For more information, visit

www.state.nj.us/dobi/njhope/

#### **New Jersey Housing Resource Center**

The Housing Resource Center provides individuals with information on accessible and affordable housing throughout the state. This project was made possible through a collaboration among the Division of Disability Services, the Department of Community Affairs and the NJ Housing Mortgage Finance Agency. To access the Center, go to <a href="https://www.njhrc.gov">www.njhrc.gov</a>, or call (877) 428-8844.

#### **Housing Resources on the Web**

**HUD Disabilities Web Hub** 

www.hud.gov/groups/disabilities.cfm/

Center for Universal Design

www.design.ncsu.edu/cud/

#### PERSONAL ASSISTANCE SERVICES AND CAREGIVER RESOURCES

#### PERSONAL ASSISTANCE SERVICES PROGRAM (PASP)

employed, preparing for employment, involved in community volunteer work, or attending school. PASP allows consumers to receive up to 40 hours of service per week, therefore enabling them to maintain their independence in the community. Personal assistants help with such tasks as light housekeeping, bathing, dressing, meal preparation, shopping, driving or using public transportation. Consumers are able to coordinate their own services by managing a budget, hiring workers and making purchases directly through their account with the assistance of a fiscal intermediary service organization (FISO) or "business agent." To apply, please contact your county PASP consultant (for more information on PASP, see page 2).

#### **COUNTY PASP CONSULTANT**

COCHITINGI CONSCERNA
Atlantic County(609) 645-7700 x4519
Bergen County (201) 336-6502/6508
Burlington County (609) 265-5144/5223
Camden County (201) 336-6502/6508
Cape May County(609) 886-6200 x274
Cumberland County (856) 459-3090
Essex County (973) 395-8494
(973) 530-2972
Gloucester County (856) 384-6842
Hudson County (201) 336-6502/6508
Hunterdon County (908) 237-7184
Mercer County (609) 989-6459
Middlesex County (732) 745-2587
Monmouth County (732) 571-6232 x17
Morris County(973) 285-6168
Ocean County (732) 505-3779
Passaic County (973) 225-3683
Salem County (856) 935-7510 x8311
Somerset County (908) 704-6346
Sussex County (973) 579-0555 x1226
Union County (908) 527-4840
Warren County (973) 625-1940 x234

#### MEDICAID PERSONAL CARE ASSISTANT SERVICE (PCA)

Personal Care Assistant Service (PCA) is a statewide service provided by the New Jersey Medicaid Program to people eligible for Medicaid services in the community. The purpose of personal care is to accommodate long-term chronic or maintenance health care as opposed to short-term skilled care as is provided under Medicaid's home health program. PCA services are health-related tasks done by qualified staff in a medically-eligible beneficiary's home or workplace. It includes assistance with activities of daily living and household duties essential to the individual's health and comfort. To apply, contact you medicaid managed care organization. (See Page 1)

#### PERSONAL PREFERENCE PROGRAM (PPP)

PPP offers an alternate way for individuals to receive their Medicaid Personal Care Assistant (PCA) services. Using a self-directed model, this program enables elderly and disabled Medicaid recipients to direct and manage their Medicaid PCA services rather than receiving traditional PCA agency services. (See Page 2)

#### **Rewarding Work**

To learn about employment opportunities to provide support to individuals with disabilities of all ages: (866) 212-9675 www.rewardingwork.org/nj

#### HOME CARE ASSOCIATIONS

Home Care Association of New Jersey 485-D Route 1 South, Suite 210 Iselin, NJ 08830

Telephone: (609) 275-6100 or (732) 877-1100

www.homecarenj.org

Home Health Services and Staffing Association of New Jersey

92 Milton Drive

Manchester, NJ 08759

Telephone: (973) 303-1973

www.hhssanj.org

New Jersey Hospital Association 760 Alexander Road, PO Box 1 Princeton, NJ 08543

Telephone: (609) 275-4000

www.njha.com

#### ADDITIONAL CAREGIVER RESOURCES

#### MOM2MOM HELPLINE PROGRAM

The Mom 2 Mom program is designed to provide a compassionate and encouraging environment for mothers of children with special needs to come together and share support. They offer a 24 hour, 7 day a week helpline coordinated by UMDNJ-University Behavioral HealthCare which features peer support, telephone assessments, a network of referral services and support groups.

Telephone: (877) 914-6662 (877-914-MOM2)

http://www.mom2mom.us.com

#### NIEASE FOR CAREGIVERS

The Aging and Disability Resource Connection serves as a visible and trusted source of information on long term services and supports for persons of all incomes. ADRC professional staff assists seniors, adults, and their caregivers in finding benefits and services they need. The ADRC's goal is to improve the experience of consumers and their families when seeking access to information, supports and services.

Telephone: (877) 222-3737

www.adrcnj.org

## THE CAREGIVER ACTION NETWORK (formerly the National Family Caregivers Association)

The Caregiver Action Network is the nation's leading family caregiver organization working to improve the quality of life for the more than 65 million Americans who care for loved ones with chronic conditions, disabilities, disease, or the frailties of old age. CAN serves a broad spectrum of family caregivers ranging from the parents of children with special needs, to the families and friends of wounded soldiers; from a young couple dealing with a diagnosis of MS, to adult children caring for parents with Alzheimer's disease. CAN (formerly the National Family Caregivers Association) is a non-profit organization providing education, peer support, and resources to family caregivers across the country free of charge.

Telephone: (301) 942-6430

www.adrcnj.org

#### FAMILY CAREGIVER ALLIANCE

Family Caregiver Alliance was the first communitybased nonprofit organization in the country to address the needs of families and friends providing long-term care at home. Long recognized as a pioneer in health services, FCA now offers programs at national, state and local lev-

els to support and sustain caregivers. Telephone: (415) 434.3388 or (800) 445.8106

www.caregiver.org

#### COALITION ON FAMILY CAREGIVING

We are a group of community based organizations, health care providers and others, working with a common mission to provide family caregivers in our community with a link to vital services and support. As advocates for family caregivers, we bring relevant issues into public forum. We also support and provide free educational programs on topics of vital interest to caregivers and their families. Our caregiver support focuses primarily in and around the Union County New Jersey area.

Email only: info@cfcares.org

www.cfcares.org

#### AMERICAN HEALTH CARE ASSOCIATION

The American Health Care Association is a non-profit federation of affiliate state health organizations, together representing more than 11,000 non-profit and for-profit nursing facility, assisted living, developmentally-disabled, and subacute care providers that care for approximately one million elderly and disabled individuals each day.

Telephone: (202) 842-4444

www.ahca.org

#### WELLSPOUSE ASSOCIATION

The Well Spouse® Association, a nonprofit 501(c)(3) membership organization, advocates for and addresses the needs of individuals caring for a chronically ill and/or disabled spouse/partner. We offer peer to peer support and educate health care professionals and the general public about the special challenges and unique issues "well" spouses face every day.

Telephone: (732) 577-8899

www.wellspouse.org

#### NATIONAL ALLIANCE FOR CAREGIVING

Established in 1996, the National Alliance for Caregiving is a non-profit coalition of national organizations focusing on issues of family caregiving. Alliance members include grassroots organizations, professional associations, service organizations, disease-specific organizations, a government agency, and corporations.

Email only: info@caregiving.org

www.caregiving.org

#### **NEW JERSEY TRANSIT**

New Jersey Transit provides commuter services through more than 150 bus routes and 11 rail lines in New Jersey and into New York and Pennsylvania. Lift-equipped and kneeling buses, as well as accessible rail stations, are important elements of New Jersey Transit's services to people with disabilities. Access Link is a service for those who are not able to use a regular fixed-route bus. New Jersey Transit also provides a reduced fare program for senior citizens and people with disabilities.

#### **New Jersey Transit**

One Penn Plaza East Newark, NJ 07105

#### www.njtransit.com

Customer Service: (973) 275-5555 TTY: (800) 772-2287

### **NJ Transit ADA Services** (973) 491-7385

#### **ACCESS LINK**

Access Link is NJ Transit's paratransit service required by the Americans with Disabilities Act of 1990. Access Link provides people with disabilities paratransit service comparable to the local bus service. This service is specifically for people whose disability prevents them from using existing local bus service.

Access Link: (800) 955-ADA1 (2321)

TTY: (800) 955-6765

#### REDUCED FARE PROGRAM

Special rates are available for senior citizens 62 years of age or older and people with disabilities. Personal assistants ride for free when proper identification is presented by the person with a disability. You don't need to be a New Jersey resident to be eligible for the program. You can ride on NJ TRANSIT buses and trains at the reduced rate. Many private bus companies operating in the state also participate in the program. For more information, please contact NJ Transit.

Reduced Fare Program (973) 491-7112

**OUT OF STATE ACCESSIBLE TRANSIT SERVICES** 

**SEPTA-Pennsylvania** 

Customer Services: (215) 580-7800 TDD: (215) 580-7853 Customized Community Transportation Paratransit Service (215) 580-7145

www.septa.com

MTA-New York

**Access-A-Ride:** (718) 393-4999 **TDD:** (718) 393-4257 http://mta.info/nyct/paratran/guide.htm

#### COUNTY PARA-TRANSPORTATION

Each of the 21 counties in New Jersey provide a county-based paratransit service for senior citizens and people with disabilities. The following contact numbers are resources for current information on local paratransit services, including hours of operation, reservation procedures, fees (if any), priorities for services, consumer representation on advisory committees, etc.

#### COUNTY PARA-TRANSIT CONTACTS

Atlantic County	(609) 645-5910
Bergen County	
Burlington County	(800) 836-0580
Camden County	(856) 456-3344
Cape May County	(609) 889-3700
Cumberland County	
Essex County	
Gloucester County	
Hudson County	(201) 369-4320
Hunterdon County	(800) 842-0531
Mercer County	(609) 530-1971
Middlesex County	
Monmouth County	(732) 431-6480
Morris County	(973) 829-8103
Ocean County	(877) 929-2082
Passaic County	
Salem County	(856) 935-7510
Somerset County	(908) 231-7115
Sussex County	(973) 579-0480
Union County	(908) 241-8300
Warren County	(908) 454-4044

#### AMTRAK-OFFICE OF AMTRAK ACCESS

Telephone: (800) USA-RAIL (800-872-7245)

TDD/TTY: (800) 523-6590

www.amtrak.com

## GREYHOUND CUSTOMERS WITH DISABILITIES TRAVEL ASSISTANCE LINE

Telephone: (800) 752-4841 TTY: (800) 345-3109

#### **Greyhound ADA Compliance Office**

(800) 755-2357

www.greyhound.com

#### NJ FINDARIDE

This website is designed to be an information resource about accessible transportation options available to people with disabilities and others in New Jersey. Please visit www.njfindaride.com

# For the Department of Children and Families, See Page 13 www.nj.gov/dcf

#### PERFORMCARE

Since 2009 PerformCare has been the Administrative Service Organization (ASO) for the State of New Jersey's Division of Children's System of Care (CSOC). (See also, PerformCare Page 13)

To access services for children and youth, call us toll-free, 24 hours a day, seven days a week, at 1-877-652-7624.

#### OFFICE OF CHILD ABUSE PREVENTION

## THE NEW JERSEY TASK FORCE ON CHILD ABUSE AND NEGLECT

PO Box 711

Trenton, NJ 08625-0700

Telephone: (609) 292-0888 FAX: (609) 777-0443

#### SAFE HAVEN

(877) 839-2339

Safe Haven operates an infant protection hotline for distressed parents who wish to surrender an infant anonymously at a police station or hospital emergency room with no fear of arrest or prosecution. The child must be less than 30 days old and must not have been abused or neglected.

www.njsafehaven.org

#### CHILD CARE ASSISTANCE

#### NEW JERSEY CHILD CARE HELPLINE

(800) 332-9227

Callers can obtain the telephone number of their local Child Care Resource and Referral Agency to get information about registered family day care providers and other child care services in their area. Caregivers can also learn how to become a registered family day care provider.

#### CHILD CARE RESOURCE AND REFERRAL CENTERS

The CCR&Rs are centralized locations in each county that provide child care resources, referral, training and technical assistance. Child Care Health Consultant Coordinators provide consultation, education and training about the health and safety needs of children in child care. For additional information, contact your local Child Care Resource and Referral Center (CCR&R).

Atlantic	(609) 646-1180
Bergen	
Burlington	
Camden	
Cape May	
Cumberland	(856) 462-6800
Essex	
Gloucester	
Hudson	(201) 451-8888
Hunterdon	
Mercer	
Middlesex	
Monmouth	(732) 918-9901
Morris	(973) 398-1730
Ocean	(732) 557-9633
Passaic	(973) 684-1904
Salem	(856) 469-6100
Somerset	(908) 927-0869
Sussex	(973) 383-3461
Union	
Warren	

## KINSHIP NAVIGATOR/KINSHIP CARE Dial 2-1-1

The Kinship Navigator/Kinship Care is a program for people who have taken on the responsibility of caring for their relatives' children. It is an information and referral program established to help relatives navigate their way through the various governmental systems to find the local supports they need, including support groups, cash assistance, medical coverage, housing assistance, child care resources, and respite services.

The telephone numbers of the four Kinship agencies and the counties they serve are listed below:

- CarePlus NJ: (201) 797-2660 or (201) 398-9110 (Bergen, Hudson, Morris, Passaic, Sussex, and Warren Counties)
- The Salvation Army: (973) 623-8471 or (973)-623-8472 (Essex County)
- Children's Home Society: 1-800-396-4518 (Mercer, Middlesex, Monmouth, Ocean, Somerset, Hunterdon, and Union Counties)
- Family Service Association: 1-877-569-0350 (Atlantic, Burlington, Camden, Cape May, Cumberland, Gloucester, and Salem Counties)

New Jersey State Parent Information & Resource Center (NJPIRC) is a program of Prevent Child Abuse-New Jersey (PCA-NJ) that provides leadership and technical assistance to non-profit organizations and local educational agencies to help those organizations put successful parental involvement programs in place. (732) 246-8060 www.njpirc.org

#### SIGNS OF CHILD ABUSE

Child abuse is harm to, or neglect of, a child by another person, whether adult or child. Child abuse happens in all cultural, ethnic, and income groups. Child abuse can be physical, emotional, verbal, sexual, or through neglect. Abuse may cause serious injury to the child and may even result in death.

Signs of possible abuse include:

#### **Physical Abuse**

- Unexplained or repeated injuries, such as welts, bruises, or burns
- Injuries that are in the shape of an object (belt buckle, electric cord, etc.)
- Injuries not likely to happen given the age or ability of the child. (For example, broken bones in a child too young to walk or climb.)
- Disagreement between the child's and the parent's explanation of the injury
- Unreasonable explanation of the injury
- Obvious neglect of the child (dirty, undernourished, inappropriate clothes for the weather, lack of medical or dental care)
- Fearful behavior

#### **Emotional and Verbal Abuse**

■ Aggressive or withdrawn behavior ■ Shying away from physical contact ■ Afraid to go home with parents or adults

#### **Sexual Abuse**

- Child tells you he/she was sexually mistreated
- Child has physical signs, such as:
  - difficulty in walking or sitting
  - stained or bloody underwear
- genital or rectal pain, itching, swelling, bruises or other injuries in the genital or rectal area, redness, or discharge
- Child has behavioral and emotional signs, such as:
  - difficulty eating or sleeping
  - soiling or wetting pants or bed after being potty trained
  - acting like a much younger child
  - excessive crying or sadness
  - withdrawing from activities and others
  - talking about or acting out sexual acts beyond normal sex play for age

Reproduced from the Center for Disease Control's Guide to Intentional Injuries

#### REPORTING CHILD ABUSE/NEGLECT

In New Jersey, any person having reasonable cause to believe that a child has been subjected to neglect or acts of abuse should immediately report this information to the State Central Registry (SCR). **If the child is in immediate danger, call 911 as well as 1-877 NJ ABUSE**. A concerned caller does not need proof to report an allegation of child abuse and can make the report anonymously.

#### INFORMATION TO PROVIDE THE SCREENER

SCR screeners are trained caseworkers who know how to respond to reports of child abuse/neglect. Whenever possible, a caller should provide all of the following information:

- Who: The child and parent/caretaker's name, age and address, as well as the name of the alleged perpetrator and that person's relationship to the child.
- What: Type and frequency of alleged abuse/neglect, current or previous injuries to the child, and what caused you to become concerned.
- When: When the alleged abuse/neglect occurred and when you learned of it.
- Where: Where the incident occurred, where the child is now and whether the alleged perpetrator has access to the child.
- How: How urgent the need is for intervention and whether there is a likelihood of imminent danger for the child.

Calls can be placed to the hotline anonymously.

1-877 N.J ABUSE (1-877-652-2873) TTY 1-800-835-5510

#### **APPENDIX 1: NEW JERSEY HANDICAPPED PARKING LAWS**

State statute enables law enforcement officers to enforce restrictions in properly marked handicapped spaces on both public and private property.

There is a mandated \$250 fine for the first offense of parking in a restricted space without special identification. For subsequent offenses, there is a fine of at least \$250 and up to 90 days of community service.

No penalty shall be imposed for overtime parking on any vehicle which had either a placard or wheelchair symbol license plates, unless the vehicle has been parked in the same location for more than 24 hours. This shall apply when the placard or plate is used by either the driver or passenger in the vehicle.

#### USE OF HANDICAPPED PARKING PLACARD OR PLATES

Handicapped parking placards or plates may be used by:

- Drivers with disabilities who meet the criteria below
- Non-disabled drivers who are transporting persons who meet the criteria below
- Plates or placard must be accompanied by the companion MVC ID card

## QUALIFICATIONS FOR A HANDICAPPED PARKING PLACARD OR PLATES

To qualify for a placard or plates, you must:

- Have lost the use of one or more limb
- Be permanently disabled and be unable to move without the use of an assistive device
- Have your mobility limited as certified by a physician

NEW JERSEY MOTOR VEHICLE COMMISSION (609) 292-6500 (888) 486-3339 www.state.nj.us/mvc

Remember, even if you have a disabled parking placard or plates, parking in the access aisles is still illegal. Access aisles are the striped areas adjacent to disabled parking spaces.

The Division of Disability Services publishes a Guide to Handicapped Parking. Call (888) 285-3036 to obtain a copy.

#### **APPENDIX 2: SPECIAL NEEDS ADOPTION AND FOSTER CARE**

#### NEW JERSEY SUBSIDIZED ADOPTION PROGRAM

Many children are waiting for loving homes. The NJ Subsidized Adoption Program offers financial assistance to suitable prospective adoptive parents who seek to adopt certain children, including children with disabilities.

#### CHILDREN WAITING FOR ADOPTION:

- Are older, or of a race or ethnic group for which adoptive homes are not readily available;
- May have a significant disability;
- May need medical treatment or special services, equipment or training;
- May be part of a group of siblings who should be kept together;
- May be over five years old, living with a foster family for at least 12 months.

#### SUBSIDIES TO ADOPTIVE FAMILIES:

- A monthly payment to help parents meet daily expenses for the child until the age of 18.
- Payment covering the legal fees related to the adoption.

- Medicaid coverage for the child to assist with any condition that is not covered by the family's insurance.
- A special subsidy for a specific medical, health or equipment need.

#### REQUIREMENTS OF ADOPTIVE FAMILIES

- Must be at least 18 years old and 10 years older than the child to be adopted
- Must be able to raise the child in a moral environment
- Must be a New Jersey resident, or reside in a state with a cooperative agreement
- Must be in good physical health, and able to provide for the child's day to day needs
- Must be financially able to support the needs and care of the adopted child

For information
1-800-99 ADOPT www.NJAdopt.org
1-877-NJFOSTER www.njfostercare.org

#### **APPENDIX 3: PEOPLE FIRST LANGUAGE**

Every person is made up of many characteristics and few want to be identified only by their ability to play tennis or by their love for fried onions or by the mole that's on their face. Those are just parts of us.

In speaking or writing, remember that children or adults with disabilities are like everyone else except they happen to have a disability. Therefore, here are a few tips for improving your language related to disabilities:

- Emphasize abilities, not limitations.
- Do not label people as part of a disability group; don't say "the disabled", say "people with disabilities."

- Don't give excessive praise or attention to a person with a disability; don't patronize them.
- Choice and independence are important; let the person do or speak for him/herself as much as possible; if addressing an adult, say Bill instead of Billy.
- A disability is a functional limitation that interferes with a person's ability to walk, hear, talk, learn, etc.; use handicap to describe a situation or barrier imposed by society, the environment or oneself.

It is the individual first, then the disability.

#### Say... Instead of... child with a disability disabled or handicapped person person with Cerebral Palsy palsied, or C.P., or spastic person who is deaf or hard of hearing deaf and dumb person with an intellectual disability retarded person with epilepsy or person with seizure disorder epileptic person who had... afflicted, suffers from, victim without speech, non-verbal mute, or dumb developmental delay slow mental illness crazy or insane uses a wheelchair confined to a wheelchair with Down syndrome Mongoloid has a learning disability is learning disabled non-disabled normal, healthy has a physical disability crippled congenital disability birth defect condition disease seizures fits cleft lip hare lip mobility impaired lame medically involved, or has chronic illness sickly paralyzed invalid or paralytic of short stature dwarf or midget

The Department of Human Services has published a People First language fact sheet available on <a href="http://www.state.nj.us/humanservices/news/publications/PeopleFirstFlyer.pdf">http://www.state.nj.us/humanservices/news/publications/PeopleFirstFlyer.pdf</a>

#### **APPENDIX 4: ADDICTION RESOURCES**

## GOVERNOR'S COUNCIL ON ALCOHOLISM AND SUBSTANCE ABUSE

The Governor's Council on Alcoholism and Substance Abuse was created to coordinate statewide services involving alcoholism and drug abuse. It also is the funding source for the Municipal Alliance Program.

## Governor's Council on Alcoholism and Substance Abuse

PO Box 345 Trenton, NJ 08625

Telephone: (609) 777-0526 FAX: (609) 777-0535 www.state.nj.us/treasury/gcada

#### **Alcoholics Anonymous**

South Jersey Intergroup: (856) 486-4444 Cape Atlantic Intergroup: (609) 641-8855 Central Jersey Intergroup: (609) 298-7795 Intergroup of Northern NJ: (908) 687-8566

www.aa.org

NJ Addictions Hotline (800) 238-2333

For the Division of Mental Health and Addiction Services
See Page 8

## AL-ANON Adult Children & Family Group ALA-TEEN

North Jersey: (973) 744-8686 South Jersey: (856) 547-0855

www.nj-al-anon.org

#### **Gamblers Anonymous**

(877) 994-2465

www.gamblersanonymous.org

#### **Narcotics Anonymous**

(800) 992-0401 (732) 933-0462 www.na.org

#### **NAR-ANON Family Group**

(800) 238-2333 www.naranonofnj.org

#### **Nicotine Anonymous**

(631) 665-0527

www.nicotine-anonymous.org

#### **National Alcohol and Substance Abuse Information Center**

(800) 784-6776

www.addictioncareoptions.com

#### **APPENDIX 5: SERVICE DOGS**

The Americans with Disabilities Act defines a service animal as any guide dog, signal dog, or other animal trained to provide assistance to an individual with a disability.

Under the Americans with Disabilities Act (ADA) and the New Jersey Law Against Discrimination (NJLAD), a place of public accommodation cannot refuse admittance of a service animal when it is accompanying a person with a disability. The ADA/NJLAD requires that places of public accommodation (which include privately-owned businesses that serve the public) allow people with disabilities to bring service animals into any area in which customers are generally allowed.

The ADA/NJLAD does not require that an animal be certified or have special identification, but it is not inappropriate for a business to ask if an animal which does not have an identifying vest or a special harness is a service animal rather than a pet. The business may not, however, insist on proof of certification before permitting admittance of a service animal accompanying a person with a disability.

It is a violation of the ADA/NJLAD for a business to charge a cleaning or maintenance fee when a person with a disability has brought a service animal into the place of business. However, the owner of the animal has sole responsibility for its behavior and may be charged for any damages the animal causes as long as the business has a policy of charging non-disabled customers for damages that they cause. Likewise, it is not a violation of the ADA/NJLAD to exclude a service animal from a place of public accommodation if the animal behaves in a loud, threatening, or uncontrolled manner, creating a substantial disturbance or posing a direct threat to the safety of others.

### **APPENDIX 6: Disaster Preparedness Checklist for People with Disabilities**

The following list is intended to provide suggestions for disaster preparedness planning that may be taken by individuals with disabilities:

Self-Networks
Discuss your disability and needs with relatives and friends.
Develop a network of people who know your needs and location, who will be able to assist you or alert
emergency personnel on your behalf. Do not depend on only one person.
emergency personner on your committee or only one person.
Medical Equipment and Supplies
Evaluate equipment for repairs and obtain and keep spare parts.
Order the full allotment of supplies that your insurance allows, such as protective briefs, leg bags, suction
tubing, hearing aid batteries, etc. Stockpile unused items.
Assemble a first aid kit. It should include: sterile adhesive bandages in assorted sizes, assorted sizes of
safety pins, cleansing agents/soaps, latex gloves (2 pairs), 4-6 sterile gauze pads (2-inch and 4-inch),
three triangular bandages, non-prescription drugs, three rolls each of 2 and 3 inch sterile roller bandages,
scissors, tweezers, needle, moistened towelettes, antiseptic, thermometer, two tongue depressors, and a
tube of petroleum jelly or other lubricant.
Medications and Medical Needs
Create a list of current prescriptions, names and dosages. Remember to update this list, as needed.
Keep a list of the names, addresses, and telephone numbers of doctors and pharmacists.
Prepare a detailed description of your medical regimen and personal care needs.
Order a full 30-day supply of necessary medications. Check with your insurance carrier.
Telecommunications
Make sure your cell phone battery and any extra batteries are kept fully charged.
Pre-arrange alternative methods to reach family, friends, or personal care attendants if ordinary
communications are disrupted.
Personal Assistant Care
Consider checking into a nursing home or hospital if a disaster is anticipated. Staff will be available to
meet personal care needs. Also, back up generators will be operating to assist people who use power
wheelchairs and/or ventilators.
Contact your personal care attendant provider to discuss disaster preparedness, and maintain a list of
phone numbers of those who can assist in obtaining personal care for you.
Food and Water
Two quarts of water per person are needed for drinking daily.
Two quarts of water per person are needed for food preparation and sanitation daily.
Keep a supply of canned, dehydrated, and no-cook foods.
Keep cases of nutrients available for tube feeding.
Keep foods for special dietary needs, such as diabetic and high caloric diets.
Service Animals
The animal always should wear an identification tag with all necessary contact information.
Keep shots and medical records current and service animal ID numbers available.
Your animal will need plenty of food and water, kept in sturdy storage containers.
Consider large capacity self-feeders and water dispensers.
Keep contact information on your service animal's veterinarian available.
Check with your local emergency management officials for companion animal procedures in emergency

shelters.

### **APPENDIX 6: Disaster Preparedness (continued)**

Power  Extended power outages may affect ventilators.	, heating and/or cooling units, which may be a matter of				
life or death for some people with disabilities.	, nouning and or cooling amos, which may oc a masser or				
Investigate emergency contingency plans in your building/community/municipality.					
Explore care facilities, especially if you use a ventilator or have other complex medical needs.					
Consider staying with friends or family out of y especially if you have medical equipment that i	your area if you anticipate possible power outages, is dependent upon power.				
Contact your local fire department and Red Crodisabilities.	oss for information and registries of people with				
Oxygen					
Buildings where oxygen is kept must display an	· ·				
Oxygen must be kept in containers specifically  Alert emergency response staff to the use of ox					
	ne. Demand that people not smoke near an oxygen				
Miscellaneous	as with late of autus hottonics				
Keep battery-operated flashlights and/or lantersBlankets and warm clothes should be packed in					
Keep the gas tank in your car full.	r dir emergency.				
Have a battery-powered radio and extra batterie	es on hand.				
Keep ample cash on-hand. ATMs and banks ma	ay not function during power outages.				
Have a non-electric can opener.					
Keep a supply of assorted plastic bags.					
For more information on developing an individualize on Homeland Security Advisory System recommend	ed disaster preparedness plan, or for current information lations, contact:				
STATE (See Page 3)	FEDERAL				
NJ Special Needs Registry	US Department of Homeland Security				
www.registerready.nj.gov	www.ready.gov				
Call 211 for registration or help					
N	Federal Emergency Management Agency (FEMA)				
New Jersey Office of Emergency Management (800) 621-FEMA (3362)					
State Police Division Headquarters (NJ OEM) (609) 882-2000 www.registerready.nj.gov	www.fema.gov				
(007) 602-2000 www.registerready.iij.gov	LOCAL				
New Jersey Office of Homeland Security and	American Ded Cuesa				
Preparedness	American Red Cross www.redcross.org				
www.njhomelandsecurity.gov					

#### Residential Disability and Oxygen Emblems Program

The Division of Fire Safety distributes, free of charge, emblems which can be displayed to inform all emergency response personnel of an oxygen hazard or disabled occupant needing assistance. "Oxygen In Use" emblems are mandated by NJ state law.

For additional information, contact the Division of Fire Safety: (609) 633-6106

It is unlawful to evict an oxygen-user from a rental property, solely on the basis of oxygen use, as long as the oxygen is stored and used appropriately. Questions can be directed to the Division of Fire Safety (609) 633-6106.

#### **APPENDIX 7: TRAVELING WITH A DISABILITY**

Air Carrier Access Rules (see page 34) lift many restrictions that formerly discriminated against passengers with disabilities, and all carriers are now required to have a Complaints Resolution Officer (CRO) immediately available to resolve disputes between carriers and passengers with disabilities. While airlines may not require passengers with disabilities to provide advance notice of their disability or intent to travel (except in some very specific circumstances), doing so may in some cases help to avoid inconvenience. The following is a list of suggestions for air travelers with disabilities:

#### PHYSICAL DISABILITY

- Ask the screener for assistance with your mobility aid and carry items.
- Let the screener know your level of ability and your need for physical assistance.
- Inform the screener about any special equipment or devices that you are using and where this equipment is located on your body.
- Ensure that all bags hanging from, or carried on, your wheelchair are put on the X-ray belt.
- Ask the screener to reunite you with your carry items and assistive devices after screening.
- Request assistance with removing your shoes when additional screening is necessary.

#### **HEARING DISABILITY**

• Ask the screener to write the information down or to look directly at you and repeat the information.

#### **VISUAL DISABILITY**

- Ask the screener to explain the security process to you step by step and to let you know where the metal detector is located.
- Ask the screener to let you know when you will be going though the metal detector, and when there are obstacles that you will need to avoid.
- Ask the screener to find someone to escort you through the security process.
- Ask the screener to perform a hand inspection of equipment to prevent damage, and to direct you toward your gate
  once the screening has been completed.

#### **HIDDEN DISABILITY**

- Advise screeners that you have a disability and may need some assistance, or need to move slower.
- Offer suggestions to screeners on the best way to approach you during a pat-down inspection.
- Notify the screener if you need to sit down before and/or during the screening process.

#### TRAVELING WITH MEDICAL SUPPLIES/DEVICES

- Notify the screener that you are carrying medical supplies with you.
- Medications must be properly marked with a professionally printed label identifying the medication or manufacturer's name or pharmaceutical label.
- Notify screeners if you are using any surgically implanted medical device (i.e., insulin pumps, prosthetics, or artificial joints).
- · Advise screeners if you are experiencing low blood sugar and are in need of medical assistance.
- Pacemaker users may wish to carry a Pacemaker Identification Card (ID).
- Crutches, canes and walkers will need to go through the X-ray machine. The screener will perform a hand inspection of your equipment if it cannot fit through the X-ray machine. You can ask for a private screening for the inspection of your prosthetic device or body brace.
- Notify screeners if you need assistance, such as a chair or someone to assist you during the inspection of your prosthetic devices or body braces.
- Tools and appliances used to put on or take off prosthetic devices must be screened.

#### TRAVELING WITH SERVICE ANIMALS

- Carry appropriate identification. Identification may include: cards or documentation, presence of a harness or markings on the tags. Service animals and their harnesses or vests are subject to inspection.
- Advise the screener how you and your animal can go through the metal detector as a team with the leash and/or harness. If necessary, remind the screener that you should not be separated from your animal.

For more information on traveling by air with a disability, contact:

Federal Aviation Administration Transportation Security Administration Department of Homeland Security

www.faa.gov www.tsa.gov www.dhs.gov

#### **APPENDIX 8: FAMOUS ADA CASES**

#### **BRAGDON V. ABBOTT (1998)**

The Supreme Court found that, even when HIV has not progressed to AIDS, it still constitutes a disability, as the virus significantly impairs the life activity of reproduction.

#### PENNSYLVANIA DEPARTMENT OF CORRECTIONS V. YESKEY (1998)

The Court ruled that state prisons must comply with Title II of the ADA, as they are public entities.

#### WRIGHT V. UNIVERSAL MARITIME SERVICE CORP (1998)

The Supreme Court ruled that a general arbitration clause in a collective bargaining agreement does not require an employee to use the arbitration procedure for an alleged ADA violation.

#### **ALBERTSONS, INC. V. KIRKINGBURG (1999)**

The Supreme Court held that circumstances mitigating the determination of disability include not only devices and medications, but also an individual's ability to compensate for their impairment.

#### **CLEVELAND V. POLICY MANAGEMENT SYSTEMS (1999)**

The Supreme Court ruled that pursuing and/or receiving Social Security Disability Insurance benefits does not automatically prevent an individual from pursuing an ADA claim, nor do such SSDI benefits presume against the recipient's ADA success.

#### **MURPHY V. UNITED PARCEL SERVICE (1999)**

The Court found that a UPS worker's high blood pressure did not significantly limit his life activities when the worker was medicated, and that he was, therefore, not disabled.

#### **OLMSTEAD V. L.C. (1999)**

The Supreme Court ruled that to stop or to avoid discriminatory activity, the state may place people with disabilities in community settings rather than in institutions, when the state's treatment professionals find the placement appropriate, the affected person is not against the shift from an institutional to a community setting, and the placement can be reasonably accommodated.

#### **SUTTON V. UNITED AIRLINES (1999)**

The Supreme Court found that determination of disability must include measures that might mitigate a disability, such as, in this case, eyeglasses for those with visual impairments.

#### **EEOC V. WAFFLE HOUSE. INC. (2002)**

The Court ruled that a private arbitration agreement between an individual and that individual's employer does not prevent the EEOC from filing a court action in its own name and recovering monetary damages for the individual.

#### **LANE V. TENNESSEE (2004)**

The Court ruled that courthouses must adhere to Title II of the Americans with Disabilities Act - which guarantees access to public facilities and services - and that individuals may sue states for failing to provide access to courts.

#### **SPECTOR V. NORWEGIAN CRUISE LINE (2004)**

The Supreme Court ruled that foreign run and owned cruise ships serving US ports must comply with the public accommodations requirements of the American with Disabilities Act.

#### **ADA Case Information on the Web**

Olmstead Resource Center

www.ilru.org/html/projects/olmstead/index.html

US Supreme Court Homepage

www.supremecourtus.gov

### **APPENDIX 9: HOTLINES & TOLL-FREE NUMBERS**

ASSISTIVE TECHNOLOGY ADVOCA	ACY CENTER 609-292-9742 800-922-7233	Domestic Violence	800-572-7233 : 888-252-7233
DIVISION OF DEAF AND HARD OF		Family Help Line	800-THE KIDS
DIVISION OF DISABILITY SERVICES		Foster Care	877-NJ FOSTER
DEVELOPMENTAL DISABILITIES C		Victim of Crime Compensation Office	800-242-0804
NJ EASE	877-222-3737	Women's Referral Central	800-322-8092
NJ DISASTER MENTAL, HEALTH HELPLINE, and NJ MENTAL HEALTH CARES TT	866-202-HELP Y: 877-294-HELP	NJ TASK FORCE ON CHILD ABUSE AT Task Force on Child Abuse and Neglect	AND NEGLECT 609-292-0888
SENIOR INFORMATION LINE	800-792-8820	Parents Anonymous	800-THE KIDS
SAFE HAVEN FOR INFANTS	877-839-2339	HEALTH AND WELLNESS AIDS and STD Hotline	800-624-2377
DIVISION OF FAMILY DEVELOPMEN	NT	NJ Addictions Hotline	800-238-2333
REVIEWS AND APPEALS	800-792-9773	Cancer Information	800-422-6237
DIVISION OF MENTAL HEALTH SER	RVICES 800-382-6717	Office of the Inspector General- (NJ Complaint Hotline	) 866-633-6585
FOSTER AND ADOPTIVE FAMILY S	ERVICES 877-NJ-FOSTER	Health Complaint and Reportable Event Hotline	800-792-9770
MEDICAID FRAUD AND ABUSE HO	TLINE 888-937-2835	Health Information (DHSS)	800-367-6543
NJ FAMILYCARE	800-701-0710	PAAD/Lifeline Program	800-792-9745
GOOD NEIGHBORS, COMMUNITY I	LIVING FOR	HOUSING Housing and Mortgage Finance Agency	800-654-6873
	877-DHS-LINE	HUD	
CHILDREN AND FAMILY SERVICES Adoption	800-99-ADOPT	• Support Service Center	800-697-6967
Child Abuse-Report	877-NJABUSE	• Best Practices Task Force	800-800-5029
Division Line	800-331-3937	MEDICAL ASSISTANCE MEDICAID	800-356-1561
SIDS Alliance/First Candle	800-221-7437	MEDICARE	800-MEDICARE
PerformCare	877-652-7624		

### **APPENDIX 10: TTY/TDD CONVERSATION ETIQUETTE**

A TTY (teletypewriter) or TDD (Telecommunication Device for the Deaf) is a device which allows individuals who are deaf or hard of hearing to communicate through the telephone system by typing messages to other individuals with TTYs, or to a relay system which provides operators who can read the typed message to an individual who is listening through a voice telephone. When calling a TTY user, it is appropriate to allow at least 10 rings to give the deaf or hard of hearing person enough time to see the flashing light.

Below are common abbreviations which are used to speed up communication:

**GA:** When you talk with another person by TTY, you type while the other person reads. When you want the other person to respond, type GA for "Go ahead."

**GA OR SK:** To say goodbye, type GA OR SK. This gives the other person a chance to say any last words before ending the conversation.

**SKSK:** Type SKSK to end the conversation.

Q: Some people prefer to type Q instead of a question mark because it saves time and is easier to type.

You can use punctuation marks, such as commas and periods, although many people choose to omit them. You may also abbreviate words, such as:

GA	go ahead	HD	hold	PLS	please	THX	thanks
SK	stop keying	MTG	meeting	Q	question	TMW	tomorrow
CD	could	NBR	number		mark	U	you
CUL	see you later	OIC	oh, I see	R	are	UR	your
CUZ	because	OPR	operator	SHD	should		

### To reach NJ Relay, dial 711

#### **GLOSSARY**

#### A

**Accessible**: Usable to an individual with a disability **Accommodation**: An adjustment, alteration, or addition to an environment, a situation, or a piece of equipment, which enables a person with a disability to utilize it in a manner equivalent to that of a person without a disability

Acquired Immune Deficiency Syndrome (AIDS): A defect of the immune system caused by the blood-borne HIV virus, causing vulnerability to various infections, malignancies, and neurological diseases

**Addiction**: Genetically and/or psychosocially impaired ability to control the use of a substance, preoccupation with the substance, distorted perceptions about the substance, and continued use of the substance despite adverse consequences

**Alzheimer's Disease**: Brain disease of unknown cause in which nerve cells in the brain die, causing progressive, irreversible deterioration of memory and other intellectual functions, language skills, and ability to perform routine tasks

Amyotrophic Lateral Sclerosis (ALS): A progressive, degenerative disease of the motor neurons of the central nervous system, causing muscular weakness, atrophy, and spasticity. Ten percent of cases are genetic, the other ninety percent are of unknown origin

Anorexia Nervosa: Eating disorder primarily characterized by an excessive, voluntary loss of weight and refusal to maintain minimal normal body weight Area of Refuge: Designated safe place for a person with a disability to await assistance during an emergency evacuation of a building or vessel

**Arthritis**: Disease of the joints and connective tissues, which can have numerous causes, creating pain, swelling, and limited range of movement

**Asperger's Syndrome:** A pervasive developmental disorder in which the individual often has above-average intellectual ability, but may experience ongoing difficulties with social interaction, empathy, logic, and understanding non-verbal cues.

**Assistive Technology:** Equipment or services which increase, maintain, or improve the functional capability of an individual with a disability

**Asthma:** Chronic respiratory disorder characterized by episodes of coughing, wheezing, and difficulty in breathing because of inflamed and obstructed bronchial tubes. Among the triggers are allergies, chemical irritation, and/or emotional stress

Attention Deficit Disorder (ADD): Neurological disorder characterized by distractibility, forgetfulness, inability to concentrate, poor attention span, and impulsiveness

#### Attention Deficit/Hyperactivity Disorder (ADHD):

Neurological disorder which has the same characteristics as Attention Deficit Disorder, but which also includes hyperactivity

**Autism:** Neurological disorder of unknown origin which generally manifests before the age of 3. Social and communication skills are impaired, and symptoms such as self-injury, aggression, voluntary repetitive body movements, intense attachment to objects, and sensory processing difficulties may be present

**Autoimmune Disorder:** A variety of disorders which are the result of the body producing an inappropriate immune response against its own tissues. The causes are generally unknown, but symptoms can include episodic or chronic inflammation and pain, as well as tissue and/or organ damage



**Bi-Polar Disorder:** A mental disorder which is characterized by alternations between manic and depressive moods with consequent changes in thinking and behavior. Commonly called Manic-Depression

**Blind:** Legal blindness is regarded as visual acuity of 20/200 or less in the better eye with correction, or a field of vision no greater than 20 degrees at its widest point

**Bulimia:** Eating disorder characterized by episodes of binge eating, followed by compulsive purging, usually through vomiting, consumption of laxatives, and/or excessive exercise



**Celiac Sprue:** A genetic disorder which is characterized by an extreme sensitivity to gluten – the protein in some grains – which can produce damage to the small intestine. This damage can impair absorption of nutrients, resulting in malnutrition. The disease can be managed by a gluten-free diet

Cerebral Palsy: Injury to the motor areas of the

brain, at or prior to birth, resulting in a non-progressive impaired ability to control movement and posture

Chronic Fatigue Syndrome: Illness of uncertain cause characterized by fatigue, weakness, malaise, muscle pain, and lymph node swelling

**Congenital:** A condition which is present at birth, but which has a non-hereditary cause

**Cognitive Disability:** Impaired ability to think, concentrate, reason, and remember

**Crohn's Disease:** Condition of unknown origins, characterized by chronic painful inflammation of the intestinal tract

**Cystic Fibrosis:** A hereditary disease which affects the respiratory system, pancreas, and sweat glands. It is characterized primarily by the excessive production of thick mucus, which results in chronic respiratory infections and impaired breathing



**Deaf:** Hearing impairment severe enough to prevent, with or without amplification, the processing of linguistic information. Specifically, a hearing deficiency above 25 db ISO in the 500-2000 frequency Hz range unaided in the better ear

**Developmental Disability:** Permanent cognitive and/or physical impairment, which occurs before the age of 22, and which substantially limits the individual in three or more major life activities

**Diabetes:** Condition characterized by abnormal blood sugar levels resulting from impaired functioning of the pancreas

**Disability:** A physical or mental impairment that substantially limits a major life activity, such as walking, talking, seeing, hearing, caring for oneself, breathing, learning, or working

**Down Syndrome:** Congenital disorder caused by an extra 21st chromosome, which causes intellectual developmental disabilities and distinctive physical characteristics

**Dwarfism:** Short stature, resulting from a genetic or medical condition. It is generally defined as an adult height of 4 feet ten inches or less. A common term for an individual with dwarfism is "little person"



**Eating Disorder:** Psychological disorder characterized by a distorted body image and a dysfunctional relationship with food, often resulting from feelings of low self-worth and powerlessness. The individual may overeat, undereat, and/or purge in an effort to self-soothe and to control body shape

#### **GLOSSARY**

**Emphysema:** Disease of the lungs, characterized primarily by labored and inefficient breathing, in which the air sacs (alveoli) become distended and therefore limited in their functioning

**Epilepsy:** Chronic condition produced by temporary changes in the electrical functioning of the brain, characterized by recurrent brief episodes of convulsive movements, alterations in consciousness, and/or sensory phenomena

### F

**Fetal Alcohol Spectrum Disorder:** A preventable set of physical, craniofacial, mental, and neurobehavioral impairments associated with alcohol consumption by the mother during pregnancy

**Fibromyalgia:** Disease of unknown origin characterized by the persistent presence of non-physically damaging pain that moves throughout the muscles, joints, ligaments, and tendons of the body



**Genetic Disorder:** A pathological condition resulting from a defective inherited gene

#### Н

**Hemiplegia:** Paralysis of one side of the body **Human Immunodeficiency Virus (HIV)**: Virus which can damage the immune system and lead to AIDS

**Huntington's Disease:** Genetic disease which causes a pre-programmed degeneration of brain cells. Initial symptoms, usually appearing in young to mid-adulthood, include mood swings, forgetfulness, and lack of coordination. They are followed by involuntary movements, deterioration of swallowing and speaking ability, and loss of cognitive ability



**Intellectual Disability:** A developmental disability which is characterized by below-normal intellectual/cognitive functioning, causing impairment in learning, social adjustment, maturation, and acquisition of life skills.

### L

Learning Disability: A group of disorders which includes such conditions as dyslexia, developmental aphasia, perceptual disabilities, brain injury, and minimal brain dysfunction, which may disrupt the process of listening, speaking, reading, writing, spelling, or doing mathematical calculations

**Lupus:** Chronic, progressive disease of unknown cause, which is primarily characterized by scaling and ulceration of the skin. In about 10% of affected individuals, symptoms may also include inflammation of the joints and mucous membranes and disruption of kidney and nervous system function

### M

**Medigap:** Insurance which supplements Medicare benefits by paying some of the costs and covering some of the services not covered by Medicare

Multiple Chemical Sensitivity: Condition marked by a variety of symptoms, such as respiratory distress, migraines, nausea, fatigue, irritation of the mucous membranes and/or skin, cognitive difficulties, and/or disordered sleep. The onset generally occurs in response to a major or chronic chemical exposure, then broadens to include sensitivity to common chemicals and irritants found throughout the individual's environment

Multiple Sclerosis: Disease of the central nervous system which generally has its onset in young to mid-adulthood. Degradation of the sheaths of nerves causes relapses and remissions of weakness, pain, and/or numbness in the limbs, disrupted vision, and urinary tract dysfunction. It's cause is unknown

**Muscular Dystrophy:** Group of genetic diseases characterized by progressive weakness and degeneration of the skeletal or voluntary muscles which control movement



**Obsessive-Compulsive Disorder:** Psychological condition, which may have a neurological basis, characterized by repetitive ideas or impulses which may be unwanted, irrational, and performed against the person's wishes

### P

Paraplegia: Paralysis of the legs and the lower trunk Parkinson's Disease: Chronic disease of the central nervous system characterized by tremors, muscular weakness and rigidity, and an unsteady gait. Symptoms are caused by a deficiency of the brain chemical dopamine, but the cause of the deterioration of the dopamine-producing nerve cells is unknown

Pervasive Developmental Disorder (PDD): Umbrella term for five neurological disorders -Autism, Asperger's Syndrome, Childhood Disintegrative Disorder, Rett's Syndrome, and PDD-Not Otherwise Specified, all of which impair social and communication skills **Post-Polio Syndrome:** Array of possible symptoms which occur in about 25% of individuals who have been infected with polio. These symptoms generally manifest 20 to 40 years after the onset of the infection and after a recovery period of at least 10 years, and may include muscle pain, weakness, tics, respiratory difficulties, disordered sleep, gastrointestinal and/or swallowing problems, neuropathy, arthritis, scoliosis, and osteoporosis

**Post-Traumatic Stress Disorder:** Psychological condition which develops in response to an overwhelmingly traumatic event which is generally outside the range of usual human experience. Symptoms can include flashbacks, fear of dying, rage, and panic attacks



**Quadriplegia:** Paralysis of all four limbs and the trunk. Also called tetraplegia



**Reasonable Accommodation:** Modification or adjustment to a job application process or work environment which allows a person with a disability to enjoy the same benefits and opportunities enjoyed by similarly situated people without disabilities

**Reflex Sympathetic Dystrophy (RSD):** Chronic nerve disorder that generally has its onset in the body at the site of an injury, and which often spreads to other areas of the body. Characterized by burning pain, extreme sensitivity to touch, tissue swelling, and pathological changes in bone and skin



Schizophrenia: Brain disease of unknown cause which typically has its onset in adolescence or young adulthood. Characterized by thought disorders, delusions, and hallucinations. An affected individual may experience excessive or lack of emotional expression, as well as paranoia and disrupted interpersonal relationships. Symptoms can in some cases be managed by medication and supportive counseling

Scleroderma: Disease of unknown cause in which the dermis layer of the skin is replaced by collagen, causing toughness and discomfort. This process can also involve the heart, lungs, kidneys, and intestinal tract, interfering with the functioning of these organs Self-Determination: The entitlement of individuals with disabilities to control their own lives, pursue self-defined goals, and participate fully in society Service Animal: Animal trained to provide assis-

tance to an individual with a disability

Sickle Cell Anemia:

A genetic disorder of the blood, characterized by red blood cells that assume an abnormal rigid sickle cell shape. This decreases the cells' functionality, resulting in a variety of complications, such as anemia, pain, and frequent infections

**Speech to Speech (STS):** Telephone relay service mandated by the Federal Communications Commission, which provides translation for individuals with speech disabilities. A communication assistant, specially trained to understand the speech of people with a wide variety of speech disabilities, listens to the speaker who has the speech disability and restates verbatim to a third party what that person has said

**Spina Bifida:** Congenital condition caused by the failure of the spine to close properly during the first month of pregnancy. This may result in mobility impairment, bladder/bowel problems, and/or hydrocephalis

**Spinal Cord Injury:** Damage to the spinal cord, which results in temporary or permanent loss of sensation, motor control, and/or bladder and bowel control

**Stroke:** Sudden neurological impairment caused by a hemorrhage or blood clot in the brain. Temporary or permanent loss of vision, speech, mobility, and/or consciousness may result



**Tourette Syndrome:** A disorder of the nervous system which may cause "tics," which are repetitive involuntary movements and vocalizations. Tics can vary in severity, frequency, and type, and can be intensified by physiological and emotional stressors. Some individuals with this condition may also have other symptoms, such as obsessive compulsive disorder, anxiety disorder, and attention deficit disorder

**Traumatic Brain Injury:** Injury to the brain which may impair cognitive or physical functioning, disturb behavior or moods, and/or produce an altered state of consciousness

**Triplegia:** Paralysis of three limbs



**Visually Impaired:** Vision which is no better than 20/70 with correction, but not worse than 20/200 with correction. To have less visual acuity than 20/200 with correction constitutes legal blindness

### **ABBREVIATIONS AND ACRONYMS**

ACLU	American Civil Liberties Union	MS	Multiple Sclerosis
ADA	Americans with Disabilities Act	NAMI	National Alliance for the Mentally Ill
ADD	Attention Deficit Disorder	NI	Neurologically Impaired
ADHD	Attention Deficit Hyperactivity Disorder	NICHCY	National Information Center for
ADL	Activities of Daily Living	1,101101	Children and Youth with Disabilities
ADRC	Aging and Disability Resource Connection	NJCFSA	New Jersey Chronic Fatigue Syndrome
AHCPR	Agency for Health Care Policy and	1.001511	Association
	Research	NJP&A	New Jersey Protection and Advocacy (NJ)
AIDS	Acquired Immune Deficiency Syndrome	NOS	Not Otherwise Specified
ALS	Amyotrophic Lateral Sclerosis	OCD	Obsessive-Compulsive Disorder
APS	Adult Protective Services	OIG	Office of the Inspector General (US)
ARC	Association for Retarded Citizens	OPRA	Open Public Records Act
BSS	Board of Social Services	OT	Occupational Therapy
CAP	Consumer Assistance Program	PAAD	Pharmaceutical Assistance to the Aged
CBVI	Commission for the Blind and Visually		and <b>D</b> isabled (NJ)
	Impaired (NJ)	PAIMI	Protection and Advocacy for Individuals
CDCP	Center for Disease Control and Prevention		with Mental Illness
CHLP	Community Health Law Project	PAIR	Protection and Advocacy for Individual
CIL	Center for Independent Living		Rights
CMS	Center for Medicare and Medicaid Services	PAP	Pharmaceutical Assistance Program
CNA	Certified Nursing Assistant	PASP	Personal Assistance Services Program
COMHCO	Coalition of Mental Health Consumers	PASS	Social Security Administration Plan to
COCAC	Organizations	DCA	Achieve Self-Support Personal Care Attendant
COSAC	Center for Outreach and Services for the Autism Community, Inc.	PCA PDD	
СР	Cerebral Palsy	PRO	Pervasive Developmental Disorder Peer Review Organization
DD D	Developmental Disability	PT	Physical Therapy
DDD	Division of Developmental Disabilities	PTSD	Post-Traumatic Stress Disorder
DDD	(NJ)	RHHI	Regional Home Health Intermediary
DDS	Division of Disability Services (NJ)	REIC	Regional Early Intervention Collaborative
DHS	Department of Human Services (NJ)	RSD	Reflexive Sympathetic Dystrophy
DHSS	Department of Health and Senior Services	SCAHS	Special Child and Adult Health Services
DOJ	Department of Justice		(NJ)
DVRS	Division of Vocational Rehabilitation	SCI	Spinal Cord Injury
	Services (NJ)	SCORE	Service Core of Retired Executives
DYFS	Division of Youth and Family Services	SHIP	State Health Insurance Assistance Program
EEOC	Equal Employment Opportunity	SILC	Statewide Independent Living Council
	Commission (US)	SNAP	Special Needs Advocate for Parents
FCC	Federal Communications Commission	SPAN	Statewide Parents Advocacy Network
HI	Hearing Impaired	SSA	Social Security Administration
HIPAA	Health Insurance Portability and	SSDI	Social Security Disability Income
	Accountability Act	SSI	Supplemental Security Income
HIV	Human Immunodeficiency Virus	STS	Speech To Speech
HRFA	Health Resources and Services	TARP	Technology Assistive Resource Program
****	Administration (US)	TBI	Traumatic Brain Injury
HUD	Department of Housing and Urban	TDD	Telecommunications Device for the Deaf
IDEA	Development (US)	TT	Text Telephone
IDEA IEP	Individuals with Disabilities Education Act Individual Education Plan	TTY UAP	Teletypewriter University Affiliated Program
IEP IHP	Individual Habilitation Plan	UCPA	United Cerebral Palsy Association
JTPA	Job Training Partnership Act	VA	Veterans' Administration
LAD	Law Against Discrimination (NJ)	VI	Visually Impaired
MD	Muscular Dystrophy	VP	Video Phone
MDA	Muscular Dystrophy Association	WIC	Supplemental Nutrition Program for
MR	Mental Retardation	2	Women, Infants, and Children
	-		,, <del>2</del>

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